

Third Sunday after Epiphany

GATHERING

Please silence all electronic devices and prepare for worship.

PRELUDE

Intermezzo

[J. Brahms]

CHANCEL CHAT

Dick Szabo, SOUPer Bowl of Caring

Lois Nelson, Faith Stepping Stones

ANNOUNCEMENT OF THE DAY

Pastor McEachran

HYMN

You Servants of God

ELW Hymn 825

CONFESSION AND FORGIVENESS

APOSTOLIC GREETING

[A] The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

[C] **And also with you.**

KYRIE

HYMN OF PRAISE

PRAYER OF THE DAY

(congregation is seated)

CHILDREN'S MESSAGE

Maps

Pastor McEachran

WORD

FIRST LESSON

Isaiah 9:1-4

[L] The Word of the Lord.

[C] **Thanks be to God.**

PSALM 27:1, 4-9

(spoken responsively: [A] Assisting Minister; [C] Congregation)

SECOND LESSON

1 Corinthians 1:10-18

[L] The Word of the Lord.

[C] **Thanks be to God.**

(congregation stands)

GOSPEL ACCLAMATION

[P] The Good News of Jesus according to Matthew.

[C] **Glory to you, O Lord.**

GOSPEL

Matthew 4:12-23

[P] The Gospel of the Lord

[C] **Praise to you, O Christ.**

- [C] Congregation
- [A] Assisting Minister
- [P] Pastor

SERMON *On the Road: Follow Me* Pastor McEachran

HYMN OF THE DAY *Will You Come and Follow Me* ELW Hymn 798

APOSTLES' CREED

A We confess our faith in the words of the Apostles' Creed.

C **I believe in God, the Father Almighty, Creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

THE PRAYERS

A Hear us, O God.

C **Your mercy is great.**

THE PEACE

P The peace of the Lord be with you always.

C **And also with you.** *(shared in community)*

OFFERING

I. *I Need Thee Every Hour* [Shelly Abner]
Chancel Choir

II. *Deep River* [African American Spiritual,
Erin Simpson, Soprano arr. William T. Burleigh]

*Deep river, my home is over Jordan,
Deep river, Lord,
I want to cross over into campground.
Oh don't you want to go to that gospel feast,
That promised land where all is peace?
Deep river, Lord,
I want to cross over into campground.*

(congregation stands)

OFFERTORY VERSE

OFFERTORY PRAYER

M E A L

GREAT THANKSGIVING**SANCTUS****EUCCHARISTIC PRAYER****THE LORD'S PRAYER**

- C** Our Father in heaven, hallowed be your name,
 your kingdom come, your will be done, on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins as we forgive those who sin against us.
 Save us from the time of trial and deliver us from evil.
 For the kingdom, the power, and the glory are yours,
 now and forever. Amen.

(congregation is seated)

LAMB OF GOD**COMMUNION DISTRIBUTION**

- | | | |
|-----------|-------------------------------------|--|
| I. | <i>Deep River</i> | [African American
Spiritual,
arr. William T. Burleigh] |
| | Erin Simpson, Soprano | |
| | <i>Eat This Bread</i> | ELW Hymn 472 |
| | <i>You Satisfy the Hungry Heart</i> | ELW Hymn 484 |
| | <i>What Feast of Love</i> | ELW Hymn 487 |


POST-COMMUNION BLESSING

- P** May the body and blood of our Lord and Savior Jesus Christ,
 strengthen and keep you in God's loving grace, now and forever.
- C** Amen.

POST-COMMUNION CANTICLE**PRAYER**

S E N D I N G

BLESSING

- P** The Lord bless you and keep you. The Lord make his face shine on
 you and be gracious to you. The Lord look upon you with favor and
 give you peace, in the name of the Father, and of the  Son, and of
 the Holy Spirit. *Numbers 6:24-26*
- C** Amen.

CLOSING HYMN *Lord, Dismiss Us with Your Blessing* ELW Hymn 545

- A** Go in peace to love and serve the Lord.
C Thanks be to God.

POSTLUDE

Gavotte

[William Boyce]

P A R T I C I P A N T S

Presiding Minister Pastor James N. McEachran

Director of Music Ministries/Organist Dr. Will Simpson

Assisting Ministers (I) Livi Myhre (II) Shana Nielsen

Communion Assistants (I) Sharon Gurtel (II) Art Gurtel

Acolytes (I) Sydney Holmes (II) Ella Nickel

Altar Guild Christine Koch, Ann Berglind

Greeters (I) Rob and Clare Moe (II) Kendra Mills

Lectors (I) Lois Arneson (II) Jack Holmes

Ushers (I) The Lester Family

(II) Mark Davis, Quinn Myhre

Coffee Hosts Aaron Davis

Unless otherwise noted, Scripture readings are from the NRSV.

W E L C O M E

NEXT SUNDAY AT SAINT ANDREW'S

Ⓡ **ANNUAL CONGREGATION MEETING:** Please plan to attend the Annual Meeting of the Congregation next Sunday, **January 29**. Lunch will be served at 12:15 pm; the meeting begins at 1:00 pm. We will elect people to the Congregation Council (four 3-year positions and one 2-year positions), approve a 2017 budget, vote on amendments to the Saint Andrew's Constitution (visit constitution.SALChome.org to see the proposed amendments), and recognize Quiet Servants. A quorum is required and every voice and vote counts! Dorcas Circle will hold a free-will offering quilt raffle to benefit Lutheran World Relief. The beautiful quilt was created by Ann Leamer using shirt fabric samples which were donated by Dean Holly.

DISCIPLESHIP MINISTRIES IS...

The vision of Discipleship Ministries is

“To gather, encourage and equip all people through active learning, how to embody faith in Jesus as they are sent into the world.”

DISCIPLESHIP HOUR...SUNDAYS AT 9:45 AM

Discipleship Hour offers classes for age 2 through adult!

- ☞ **SUNDAY CHURCH SCHOOL (SCS)** classes welcome children age 2 through grade 5. All classes are downstairs in South Hall. The SCS office is located on the lower level near the Narthex stairs. Students who are new to our congregation are asked to come to the SCS office to register and receive a class assignment.
- ☞ **AFFIRMATION OF BAPTISM/CONFIRMATION (ABC)** classes are geared toward youth in grades 6-8. All ABC students gather in 302/Fellowship Hall South from 9:45 am - 10:00 am before heading to classes in Rooms 121, 122, 119, and 321/Youth Room. Those students new to our congregation are asked to contact Director of Discipleship Ministries Emily Harrow or Pastor McEachran for more information.
- ☞ **CROSSWALK** is focused on high school age youth, grades 9-12. Got questions? Join us each Sunday for coffee, cocoa, donuts, and conversation. We are also creating tie fleece blankets that will be donated to Lutheran World Relief. On the last Sunday of each month, gather in the youth room for Oasis, a time for our high school students to rest, color, and enjoy a movie.



- ☞ **January 22**
TANZANIAN MISSIONS
301/Fellowship Hall North
Members of a mission team from Cross of Christ Lutheran Church in Bellevue will share about their trip to MaaSAE Girls Lutheran Secondary School in Tanzania.

- ☞ **January 29**
PARISH MIXER
301/Fellowship Hall North
Join us for a Parish Mixer, a time to get to know your pew neighbor and enjoy snacks and coffee too!

- ☞ **January 29**
STEPPING INTO ADULTHOOD
Facilitators: Lois Nelson, Kari Henderson,
Dr. Timothy Weber
322/Conference Room
Dr. Tim Weber will speak to the parents of young adults, ranging in age from High School Seniors to age 25.

- ☞ **February 5**
HANDS AND HEART
301/Fellowship Hall North
Join us for hands-on discipleship as we put our hands and hearts to work for our local and global community.

- ☞ **February 12 and 19**
A TASTE OF WORLD RELIGIONS
Presenter: Pastor James McEachran
301/Fellowship Hall North
Pastor McEachran will lead a discussion around World Religions.

DISCIPLESHIP MINISTRIES...DURING THE WEEK

☞ TUESDAY MORNING BIBLE STUDY

Presenter: Pastor McEachran

Every Tuesday, 10:00 am, 322/Conference Room

Tuesday Morning Bible Study has begun a study of Hosea. This 8th century prophet spoke the word of the LORD in judgment and hope from 746-722 CE/BC. During the reign of 5 kings of Israel, he called the political and religious leadership to recognize they have failed to keep the covenant relationship of faithful trust and service to the God who has called their people out of slavery in Egypt to the promised land of Canaan. This week we continue Hosea 1-3. Bring your favorite translation and join the adventure.

DISCIPLESHIP MINISTRIES...YOUTH

*** GOD SQUAD and FIRE FORCE (youth in grades 6-12):**

- **Sock Samurai and Pizza!** On Sunday, **January 29**, from 4:00 pm - 6:30 pm, God Squad and Fire Force get together for a fun evening of Pizza and Sock Samurai! Bring a friend to show them what this awesome Saint Andrew's tradition is all about!
- **March at the Movies!** Mark your calendar for Sunday, **March 5**, for an afternoon for an outing at the movies. We'll see a movie followed by FroYo and discussion about the movie. Times to be announced.

*** AFFIRMATION OF BAPTISM/CONFIRMATION (ABC) MENTOR/MENTEE/FAMILY DINNER:**

ABC students, bring your mentor and family for dinner at Saint Andrew's on Sunday, **February 26**, at 6:00 pm. This is a great opportunity to get to know your mentor as you move towards your Affirmation of Baptism. If you have not identified a mentor yet and need assistance, please contact Emily Harrow

*** GOD SQUAD (youth in grades 9-12):**

- **Holden May Youth Weekend!** We are returning on **May 19-21, 2017** to Holden Village for May Youth Weekends! The theme for this unplugged weekend is "Resurrection" with speakers and guest artists Rachel Kurtz, Joe Davis, David De Block, Rachel Hunstad, and Holden staff or Fire Service Rangers. Sign up via email to Emily Harrow, emily@SALChome.org. A \$50 deposit is due now.
- Our **Summer 2017 Mission Trip** is **July 16-22** to Chicago to work with Center for Student Missions (CSM), the organization that we partnered with on our San Francisco and Toronto trips. Our students will learn, minister, and be exposed to new situations, opportunities and physical surroundings that will challenge their stereotypes and assumptions. (To learn more about CSM, watch an introductory video at <https://vimeo.com/107150526>.) Our next Mission Trip Team meeting is Sunday, **February 12**, at 12:15 pm. Speak with Emily Harrow, emily@SALChome.org, for more information.

- **YOUTH REGISTRATION:** Saint Andrew's has one registration form that includes medical information and permissions. This form is used for all activities at Saint Andrew's for 2016-2017. Complete one form per family. Paper copies of the form can be found in the Narthex on the bulletin board near the church office. Return completed forms to the church office. The form is also ONLINE as an interactive PDF form; it can be found at www.ce.SALChome.org. Complete the form and SAVE it to your computer. Either email the form to info@SALChome.org or print and return the form to Saint Andrew's. Please note: If you completed a form for 2015-2016 and saved it on your computer, you can submit that form. Open it and update the school year, "Today's Date", and make any other necessary changes. Return the form via email or print and return the form to Saint Andrew's.

OUTREACH AND SERVANT MINISTRIES

- ♥ **CORNER OF BLESSING/HOPELINK:** Each month, we collect one food item in the Corner of Blessing. All donations help feed those in our community who are hungry. We are collecting **canned fruit** (any variety, 15-16 ounce cans) through January. For more information, contact Debbie Szabo.
 - ♥ **The SOUPer BOWL OF CARING** is held in connection with the Super Bowl. On Sunday, **February 5** – Super Bowl Sunday, we will be having a special collection to address hunger in our neighborhoods. See pages 12-13 for a list of needed food items. All food collected and money donated will be given to Hopelink. For more information, contact Dick and Debbie Szabo.
 - ♥ **COLLECTIONS:** Dorcas Circle, Health and Wholeness Ministry, and Outreach and Servant Ministries welcome your contributions for Lutheran World Relief, Compass Housing Alliance, Congregations for the Homeless, and The Sophia Way. Lists of needed items are in the baskets near the elevator in the Narthex. Donations can be placed in the same baskets.
- ♥ **DRIVERS FOR CHICKEN SOUP BRIGADE:** We would welcome two more volunteers (or volunteer teams) to deliver meals to Eastside clients of Chicken Soup Brigade (Lifelong). The meals are picked up at Saint Andrew's and delivered between 3:00 pm - 6:00 pm on **Thursday** afternoons; usually around four or five stops. Volunteers deliver about once a month. Contact Claudia Browsers for more information.
 - ♥ **THE SOPHIA WAY:** The Sophia Way helps homeless women journey toward independence and a home of their own. Volunteers are needed at the Day Center (at St. Luke's Lutheran Church, 3030 Bellevue Way NE, Bellevue) to sort donated items they receive, and to help ensure the women there have the clothing they need. If you are interested or want more information, contact their volunteer coordinator Tara, 425 463-6285. For other ways to help, visit www.sophiaway.org.
 - ♥ **SCHOLARSHIP NEEDS FOR STUDENTS IN TANZANIA:** We continue to need funding for the MGLSS Post-Secondary Scholarship fund, used for the students who qualified for university study (\$2,500), for the nursing school (\$1,000), and for teacher training (\$1,200). ANY AMOUNT given to this fund is helpful. You can make contributions by check to "Saint Andrew's" with "MGLSS Post-Secondary Scholarship" in the memo line. All funds will then be forwarded to OPERATION BOOTSTRAP AFRICA (OBA). You can also contribute directly to OBA online or by mail.



LUTHERAN WORLD RELIEF...BIHAR, INDIA

Learn about Bihar... visit www.lwr.org/bihar

Where is Bihar? In northeastern India; in places where the Northeastern India Lutheran Church serves a very rural, agrarian population. The needs are great in the areas of nutrition and food security, enhancing barren land into fertile farm plots, empowering women through self-help groups and through creating savings accounts, and education.

Why serve in Bihar? Lutheran World Relief has responded by recruiting 9 congregations to work in collaborative impact in a world mission adventure to learn more about this region of India and to partner in serving. Two congregations in our Northwest Washington Synod have committed to join in this global mission for four-year period. Trinity Lutheran Church in Freeland will be our synod partner. For the past 30 years, Saint Andrew's has engaged in significant local and global servant ministries with the founding of Saint Andrews Housing Group (now Imagine Housing) and support of MaaSAE Girls School with Jean and Marv. In each of these there has been a deepening level of engagement with the stewardship of monies, projects, and service to insure that affordable housing is available on the Eastside and education rooting in Tanzania. This project is one more expression of this over the next four years.

What are the first levels of involvement? First of all, a growing awareness of this area in India and its people. We are blessed to have a family whose roots are found in this area and in the Christian community. Marshall Erling and Asha Prasad and family will help us learn more about mission in the communities of Northeastern India. In addition, we have committed \$30,000 in partnership with Lutheran World Relief to sow the seeds of this new beginning in missional outreach. These funds were presented to Ambassador Daniel Speckhard in November and represented monies from our Share the Vision! Be the Life! outreach monies, the Outreach Endowment Fund, and undesignated memorials. A separate fund has also been created for those who want to contribute directly through the years.

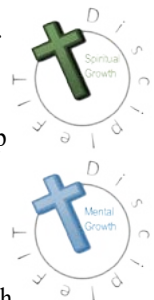
Where do I begin to learn more? The best place is to access is www.lwr.org/bihar.



Lutheran World Relief

SAINT ANDREW'S OPPORTUNITIES AND ANNOUNCEMENTS

- ✠ **DISCIPLEFIT in EPIPHANY:** During Epiphany, the Communications Committee invites everyone to grow Spiritually and Mentally by memorizing Bible verses. There is a selection of Bible verses in the bulletin each week (see page 11.) Youth and adults are invited to memorize one verse (or more!). Recite them to a member of the Communications Committee to receive a small prize! Committee members are wearing nametags and are available during Discipleship Hour. Youth may recite the verse(s) to their classroom teacher. Contact Communications Committee Chair Judi Miller for more information.
- ✠ **YOUNG ADULTS** (those who have graduated high school and older): On the 2nd and 4th Wednesday of every month, young adults of Saint Andrew's get together for dinner at 6:30 pm. Our next dinner is on **January 25** at Jinya Ramen Bar (Crossroads Bellevue, 15600 NE 8th Street, O-11). Contact Carolyn McKenna by Monday, **January 23**, if you would like to join us!



✠ **SAINT ANDREW'S STAMPERS:** Saint Andrew's Stampers create beautiful hand-made cards that the staff uses to send to congregation members. The Stampers will be restocking the supply of cards on Thursday, **January 26**, from 1:00 pm - 4:00 pm, in 322/Conference Room. If you can use a glue stick, we can use your help! Come for all or part of the time, and bring a lunch, snack, or beverage if you would like. Questions? Contact Nancy R Davis.

✠ **THE EMMAUS TRIO with LESLIE JOHNSON:** *The Emmaus Trio* (Dr. Will Simpson, Karin Islip, Lauren Root) with guest violist Leslie Johnson, present a concert of Beethoven and Brahms on Friday, **February 10**, at 7:30 pm. They begin with one of Beethoven's *Opus 9 String Trios*, scored for violin, viola, and cello, a work that exhibits his creative powers and youthful exuberance. The second half of the concert features the *Opus 25 Piano Quartet in G minor* of Johannes Brahms. This piece, scored for piano, violin, viola, and cello, is a work of great power, beauty, and scope, with many melodies that absolutely soar! A reception follows the hour-long concert. Invite a friend! The concert is FREE.

✠ **PRAYER PARTNERS FOR LENT** is a program where participants are given the name of another participant to pray for during the season of Lent. Sign up to participate beginning Sunday, **February 5**. You may also include a request for prayers for a special need. Pick up your Secret Prayer Partner's name and prayer requests in the Narthex on Sunday, **February 26**. For more information, contact Beverley Watt, Mikel Oswalt, or Cheryl Jurrus.

✠ **KNITWITS (Knitting as Witnesses)**
Sunday, **February 12**, 9:45 am,
322/Conference Room
The KnitWits are a fellowship group whose primary mission is to provide items of comfort that are knit or crocheted. All are welcome to join us anytime! Contact Dianne Chong for more information.

✠ **ORCHESTRA:** The Saint Andrew's Orchestra will play during both worship services on Sunday, **February 19**. Rehearsal is Saturday, **February 18**, at 10:00 am. To participate or for more information, contact Dr. Will Simpson, 425-746-2529 or will@SALChome.org.

✠ **W.E.B.S. (Women's Evening Book Study):** **through February 22**, 7:00 pm,
322/Conference Room
Facilitators: Cheryl Jurrus, Vickie Kirn
W.E.B.S. (Women's Evening Book Study) invites all women for fellowship, devotions, and discussion. For the Winter Session, we are discussing *Same Kind of Different as Me* by Ron Hall and Denver Moore. *"It begins outside a burning plantation hut in Louisiana... and an East Texas honky-tonk... and, without a doubt, in the heart of God. ... Gritty with pain and betrayal and brutality, it also shines with an unexpected life-changing love."* (www.samekindofdifferentasme.com) Join us for a lively discussion on following the path God sets before us, homelessness, and courage. Contact Cheryl Jurrus or Vickie Kirn for more information.

✠ **SHROVE TUESDAY PANCAKE DINNER:**
Begin the Lenten season with a longtime religious tradition – a pancake dinner on Shrove Tuesday, **February 28**. The dinner will be held in 301/ Fellowship Hall beginning around 5:00 pm. Serving pancakes on Shrove Tuesday developed more than 1,000 years ago in Europe. It comes from "to shrive" which meant to hear confessions. As part of Lent, faithful people were expected to give up meat, milk, eggs and butter. Families used up their dairy supplies on the Tuesday before Ash Wednesday by serving a dinner of pancakes. This fellowship fundraiser will help defray costs of the Saint Andrew's Women's Gathering in March.

✠ **USHERS NEEDED!!!** We need more ushers to round out our cadre of Sunday servers. No experience needed! Free training provided. We're particularly short ushers for the 11:00 am services but need additional help for 8:30 am, too. More greeters, coffee hosts and lectors also welcomed. Add your name to the sign-up sheet on the bulletin board in the Narthex or contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-746-2529.

✠ **ADVENT WREATH BASES:** Just a post-holiday clean up request to please return your Advent wreath bases to the church office. Recycling and reusing them each year defrays expenses and keeps them out of the landfills!

✠ **COMMITMENT 2017 UPDATE:** Thank you to all who have pledged your giving for 2017. To date, we have received 162 pledges for a total of \$632,148. Commitments/pledges are still welcome. Commitment cards are in the Narthex. You may also pledge online. Go to stewardship.SALChome.org and select "Online 2017 Commitment/Pledge Form".

✠ **TUESDAY MORNING MEN (TMM)**
Facilitator: Dave Marcrander
Every Tuesday, 6:30 am, Room 212
We have begun our year long focus on the REFORMATION, in recognition of the 500th anniversary in 2017. Our first study is the book, *MARTIN LUTHER, A Life*, by Martin Marty. Join us on Tuesday mornings; ALL MEN ARE WELCOME.

✠ **COMMUNION BREAD:** Everyone is invited to bake bread used in the Eucharist on Sunday mornings. The sign-up list through **June 2017** is available. You can sign up online for a specific Sunday. Links to the sign-up and to the recipe for Luther Bread can be accessed on the Saint Andrew's website: www.worship.SALChome.org. Contact coordinator Jill Nichols-Hicks for more information.

✠ **The FLOWER CHART for 2017** is posted on the bulletin board in the Narthex. You are invited to reserve your Sunday.

OTHER OPPORTUNITIES AND ANNOUNCEMENTS

🌐 **HOLDEN VILLAGE -- CONCERT at PLU:** Mark your calendars for a evening with Holden Village as we "Begin Together" with conversation and song, celebrating the re-emergence of Holden from a time of remediation and the return of vibrant education and programming for Summer 2017. All are welcome to this **free** concert on Friday, **January 27**, 6:30 pm - 8:30pm at Pacific Lutheran University's Scandinavian Cultural Center in the Anderson Campus Center. Featured musicians are Tom Witt, Mary Preus, Kara Quello, and Kelly Carlisle. Executive Directors Peg Carlson-Hoffman and Chuck Hoffman will give a Holden Village "summer preview." Please register online at www.holdenvillage.org/event/winter-concerts-2017/



For Sunday, January 29: Fourth Sunday after Epiphany
Micah 6:1-8; Psalm 15; 1 Corinthians 1:18-31; Matthew 5:1-12

Servers for January 29

Presiding Minister: Pastor James McEachran

Assisting Ministers:

(I) Dana Nasby (II) Sue Short

Communion Assistants:

(I) Judy Gowdy (II) Celeste Ackerbloom

Acolytes:

(I) Hannah Wilcox (II) Isabel Weibel

Altar Guild:

Carolyn Haralson, Karen Grams

Greeters:

(I) Diane and Andy Hogle

(II) Susan Zantello and Chris Nickel

Lectors:

(I) Bev Anderson (II) David Mills

Ushers:

(I) The Wilcox Family

(II) Fred Clarke and Ann Ross-Clarke

Coffee Hosts:

Mark Davis

January 22, 2017

Be DiscipleFIT in Epiphany

Have you ever been strengthened or comforted by recalling from memory a familiar Bible verse or passage? During Epiphany, the Communications Committee invites everyone to grow Spiritually and Mentally by memorizing Bible verses.

Memorize one (or more!) of the verses below - use any translation you prefer. Recite the verse(s) to a member of the Communications Committee next Sunday, **January 29**, to receive a small prize! Youth may recite verses to their classroom teacher.

Members of the Communications Committee are:

Judi Miller, Ben Johnson, Roger Koskela, Kendra Mills, Susan Hegedus



This week's theme: ***Psalms***

The book of Psalms is a collection of songs that were sung by the Jewish people throughout their long history. Christians inherited these psalms and have continued to include them in worship as well as in personal devotion. Psalms are a rich treasury in their diversity of expression toward God and one another. In the Psalms we find ecstatic praise (Psalm 150), deep lament (Psalm 88), expressions of thanksgiving (Psalm 107) and many more postures of trust, vengeance, and joy.

from the *New International Version*

Psalm 19:14

May the words of my mouth and the meditation of my heart be pleasing in your sight, O Lord, my Rock and my Redeemer.

Psalm 23:1-3

The Lord is my shepherd, I shall not want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. He guides me in path of righteousness for his name's sake.

Psalm 51:10

Create in me a pure heart, O God, and renew a steadfast spirit within me.

Psalm 91:11

For he will command his angels concerning you to guard you in all your ways.

Psalm 107:1

Give thanks to the Lord, for he is good; his love endures forever.

Contact Communications Committee Chair Judi Miller for more information.



Again this year, Saint Andrew's is participating in a national effort to help those who are hungry. In 1990 the SOUPER Bowl of Caring began with a simple prayer by a single youth group:

“Lord, even as we enjoy the Super Bowl football game, help us to be mindful of those without a bowl of soup to eat.”

Since then, about \$120 million has been raised for local charities across the country through Souper Bowl of Caring. It is transforming the time around Super Bowl weekend into one of the nation's largest celebrations of giving and serving.

In 2016 there were 6,846 groups that collected over \$10.4 million in food items and cash which benefited over 5,000 charities across the United States. Last year Saint Andrew's collected 382 pounds of canned food and \$1,228 to fight hunger in our own neighborhoods.

On February 5, Super Bowl Sunday, we will be having a special collection to address hunger in our community. Before and after the services on that day, fellow members of our church will be in the Narthex, collecting food and donations for this effort. We all can help by filling the crates with food and the soup pots with donations.

See the “Shopping List” on the other side for the items we will be collecting.

Everything collected will go to the Hopelink Food Bank. All of the money donated will be used by Hopelink to buy the food items required to provide needed nutrition to these hungry neighbors.

So, take this “Shopping List” with you and stock up on items to help our hungry neighbors. Then come to church on February 5, excited about the big game and ready to make a big difference (a Souper Difference) for those who are hungry.

Bring donations to church on February 5 – SOUPER Bowl Sunday



Shopping List

These are the items that Hopelink just can't keep on their shelves:

- Canned Fruit
- Baby Food

These are the items that HopeLink can always use:

- Canned Soup (It IS the SOUPER Bowl!)
- Peanut Butter (especially crunchy ~ 16 ounce)
- Canned Tuna
- Macaroni & Cheese
- Canned Vegetables: Corn, Peas, Carrots
- Canned Meat: Chicken, SPAM, Vienna Sausage
- Canned Meals: Chili, Beef Stew, Ravioli
- Canned Tomatoes: Diced, Stewed, Whole
- Rice
- Dried Beans: Kidney, Navy, Pinto
- Cereal
- Pasta: Penne, Macaroni (not spaghetti)

Hold on to this list. Take it with you shopping. Pick up some items for your hungry neighbors. Then bring them with you to church on February 5.

Bring to church on February 5

SOUPER Bowl Sunday!!

hopelink
Helping People. Changing Lives.