

# Sixth Sunday after Epiphany

## GATHERING

*Please silence all electronic devices and prepare for worship.*

**PRELUDE** *When Morning Gilds the Skies* [Joseph Barnby]

**ANNOUNCEMENT OF THE DAY** Pastor McEachran

**II. ACOLYTE RECOGNITION** Dick Szabo

**HYMN** *When Morning Gilds the Skies* ELW Hymn 853

**CONFESSION AND FORGIVENESS**

**APOSTOLIC GREETING**

**A** The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**C** And also with you.

**KYRIE** ELW page 213

**HYMN OF PRAISE** ELW page 213

**PRAYER OF THE DAY**

*(congregation is seated)*

**CHILDREN'S MESSAGE** *Growing Up* Pastor McEachran

## WORD

**FIRST LESSON** Deuteronomy 30:15-20

**L** Holy wisdom, holy word.

**C** Thanks be to God.

**RESPONSE** *Change My Heart, O God* ELW Hymn 801

**SECOND LESSON** Philippians 1:3-11

**L** Holy wisdom, holy word.

**C** Thanks be to God. *(congregation stands)*

**GOSPEL ACCLAMATION**

**P** The Good News of Jesus according to Matthew.

**C** Glory to you, O Lord.

**GOSPEL** Matthew 9:35--10:4

**P** The Gospel of the Lord

**C** Praise to you, O Christ.

**C** Congregation

**A** Assisting Minister

**P** Pastor

### Today's Theme

Last week, The Lord's Prayer became the foundation of those things for which Jesus would have us pray. A centering of the love of God past (sins forgiven), present (bread provided), and a future in which we pray, "Save us from the time of trial and deliver us from evil." Today, it is prayer once again that calls us to be in mission in the world. As Jesus walked around, so we walk the earth to be the life of Christ as we go and tell, live and show that we are the ones who carry His life each day.

**SERMON**

**Lord, Teach Us to Pray**

Pastor McEachran

*Pray...Go!*

*“Walking Around with Jesus”*

1. Heart of Christ
2. Prayer of the Disciple
3. Gifts for Ministry
4. Fellowship with Jesus and One Another

**HYMN OF THE DAY**

ELW Hymn 716

**Lord of All Nations, Grant Me Grace**

**APOSTLES' CREED**

**A** We confess our faith in the words of the Apostles' Creed.

**C** **I believe in God, the Father Almighty, Creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

**II. RECEPTION OF NEW MEMBERS**

**THE PRAYERS**

**A** Hear us, O God.

**C** **Your mercy is great.**

**THE PEACE**

**P** The peace of the Lord be with you always.

**C** **And also with you.** *(shared in community)*

**OFFERING**

**I.** *Oh, Sing to the Lord a New Song* [John Leavitt]  
Chancel Choir

**II.** *Grazioso* [Arnold Sherman]  
Handbell Choir

*(congregation stands)*

**OFFERTORY VERSE**

**OFFERTORY PRAYER**

**M E A L**

**GREAT THANKSGIVING**

**SANCTUS**

**WORDS OF INSTITUTION**

**THE LORD'S PRAYER**

**C** Our Father in heaven, hallowed be your name,  
 your kingdom come, your will be done, on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of trial and deliver us from evil.  
 For the kingdom, the power, and the glory are yours,  
 now and forever. Amen.

*(congregation is seated)*

**LAMB OF GOD**

**COMMUNION DISTRIBUTION**

<i>Lord of All Hopefulness</i>	ELW Hymn 765
<i>In a Lowly Manger Born</i>	ELW Hymn 718
<i>Lord, Whose Love in Humble Service</i>	ELW Hymn 712

**POST-COMMUNION BLESSING**

**P** May the body and blood of our Lord and Savior Jesus Christ,  
 strengthen and keep you in God's loving grace, now and forever.  
**C** Amen.

**POST-COMMUNION CANTICLE**

**PRAYER**

**S E N D I N G**

**BLESSING**

**P** The Lord bless you and keep you. The Lord make his face shine on  
 you and be gracious to you. The Lord look upon you with favor and  
 give you peace, in the name of the Father, and of the **S** Son, and of  
 the Holy Spirit. *Numbers 6:24-26*  
**C** Amen.

<b>CLOSING HYMN</b>	<i>To Be Your Presence</i>	ELW Hymn 546
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**A** Go in peace to love and serve the Lord.  
**C** Thanks be to God.

<b>POSTLUDE</b>	<i>Recessional</i>	[Theodore Salome]
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**P A R T I C I P A N T S**

*Presiding Minister* Pastor James N. McEachran

*Director of Music Ministries/Organist* Dr. Will Simpson

*Assisting Ministers* (I) Karen Grams (II) Shana Nielsen

*Communion Assistants* (I) Judi Miller (II) Dave Marcrander

*Acolytes* (I) Quinn Myhre (II) Hannah Wilcox

*Altar Guild* Deanna Oeffner, Ann Berglund

*Greeters* (I) Yvonne Heuving (II) Beverley Watt

*Lectors* (I) Mary Davis (II) Eileen Wilcox

*Ushers* (I) Brett Nelson (II) Mark Davis, Ann Thorpe

*Coffee Hosts* Karen Getzinger

Unless otherwise noted, Scripture readings are from the NRSV.

**W E L C O M E****TODAY AT SAINT ANDREW'S**

- Ⓘ **EQUAL EXCHANGE FAIRLY TRADED COFFEE AND MORE:** Support our Global Outreach by purchasing fairly traded coffee, tea, hot cocoa, and chocolate bars (in the Narthex between services). By purchasing these items, you help the coffee and cocoa bean farmers in impoverished countries receive more money for their crops by eliminating the middle man's cut.
- Ⓘ **WORSHIP SERVICE CAPTIONING:** Please note that today's worship service is not being captioned. Our next captioned service is next Sunday, **February 19**, at 11:00 am.

- Ⓘ **WELCOME NEW MEMBERS!** Today at the 11:00 am service, we welcome the following people as they become members of Saint Andrew's:

**Kristen and Steven G**

**Thomas, Andrew, Philip, Samuel**

**Becca P**

Please say hello and welcome them into our church family! After the service, please join Pastor McEachran for a pasta party in 301/ Fellowship Hall. The gathering will include a get-to-know you chat, food and social time. For more information, please contact Sherry Grindeland, Fellowship Coordinator, [sherry@salchome.org](mailto:sherry@salchome.org) or at 425-746-2529.

**NEXT SUNDAY AT SAINT ANDREW'S**

- Ⓘ **ORCHESTRA:** The Saint Andrew's Orchestra will play during both worship services on Sunday, **February 19**. Rehearsal is Saturday, **February 18**, at 10:00 am. To participate or for more information, contact Dr. Will Simpson, 425-746-2529 or [will@SALChome.org](mailto:will@SALChome.org).
- Ⓘ **HEALING PRAYERS** are offered during the distribution of Holy Communion on the third Sunday of each month. Trained healing ministers will receive your requests before or after receiving the Eucharist. It can be especially meaningful to have a laying on of hands and an anointing of oil, if desired. It is appropriate to bring ANY request or concern that you may have for yourself or someone else. These may be prayers for emotional, spiritual, or physical healing. It can be a peace that brings wholeness, according to God's will, in a number of ways. If you are unable to walk to the kneelers, please ask an usher to assist or move to the bottom of the stairs on the East side of the sanctuary (near the pulpit) and the Healing Minister will come to you.
- Ⓘ **WORSHIP SERVICE CAPTIONING:** Next Sunday, real-time captioning of the 11:00 am worship service is available, making our worship service accessible to those who are hard-of-hearing or cannot be at church. You can use your smartphone, PC, or tablet to access the captioning (the sanctuary has a WiFi connection.) Go to: <https://captionsunlimited.lcapapp.com/event/standrews/> (If you see a login page, the captioning is not yet active. Refresh your browser near the beginning of the worship service.) The website displays real-time captions of what is being spoken in the service, similar to closed captioning on television.

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**DISCIPLESHIP MINISTRIES IS...**


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The vision of Discipleship Ministries is

*“To gather, encourage and equip all people through active learning, how to embody faith in Jesus as they are sent into the world.”*

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**DISCIPLESHIP HOUR...SUNDAYS AT 9:45 AM**


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Discipleship Hour offers classes for age 2 through adult!

- ☞ **SUNDAY CHURCH SCHOOL (SCS)** classes welcome children age 2 through grade 5. All classes are downstairs in South Hall. The SCS office is located on the lower level near the Narthex stairs. Students who are new to our congregation are asked to come to the SCS office to register and receive a class assignment.
- ☞ **AFFIRMATION OF BAPTISM/CONFIRMATION (ABC)** classes are geared toward youth in grades 6-8. All ABC students gather in 302/Fellowship Hall South from 9:45 am - 10:00 am before heading to classes in Rooms 121, 122, 119, and 321/Youth Room. Those students new to our congregation are asked to contact Director of Discipleship Ministries Emily Harrow or Pastor McEachran for more information.
- ☞ **CROSSWALK** is focused on high school age youth, grades 9-12. Got questions? Join us each Sunday for coffee, cocoa, donuts, and conversation. We are also creating tie fleece blankets that will be donated to Lutheran World Relief. On the last Sunday of each month, gather in the youth room for Oasis, a time for our high school students to rest, color, and enjoy a movie.




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**☞ February 12 and 19**
**A TASTE OF WORLD RELIGIONS**

Presenter: Pastor James McEachran  
301/Fellowship Hall North

For 15 years, Pastor McEachran taught Comparative World Religions in the MA-TESOL Graduate Program at Seattle Pacific University. Join the conversation around the five major world religions. A sampler of what they believe and how they worship today. We will begin with three questions: Where did I come from? Why am I here? Where am I going? The first week will blend insight into Hinduism and Buddhism.

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**☞ February 26**
**FAITH IS A VERB**

Presenter: Marcia Riggers  
301/Fellowship Hall North

Join Saint Andrew's member Marcia Riggers to talk about active faith. Marcia has spent more than forty years in public education as a teacher, university faculty and state administrator, and has served on boards of directors and in areas of leadership for numerous organizations, Lutheran and secular. She is currently Vice Chair of the Board of Directors for Samaritan Center of Puget Sound.

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**DISCIPLESHIP MINISTRIES...DURING THE WEEK**


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**☞ TUESDAY MORNING BIBLE STUDY**

Presenter: Pastor McEachran

Tuesday Morning Bible Study is studying the book of Hosea. This week we will launch into the center of Hosea and listen to the story of Israel's unfaithfulness to the God of covenant love. How does God reach into our lives as a people when we are not faithful and trusting? How does God's promise of merciful forgiveness enfold and empower us to be bold and confident in mission? Be reading Hosea 7:1 to 13:16. Bring your favorite translation and join the adventure.

Every Tuesday, 10:00 am, 322/Conference Room

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**DISCIPLESHIP MINISTRIES...YOUTH**


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- \* **AFFIRMATION OF BAPTISM/CONFIRMATION (ABC) MENTOR/MENTEE/FAMILY DINNER:** ABC students, bring your mentor and family for dinner at Saint Andrew's on Sunday, **February 26**, at 6:00 pm. This is a great opportunity to get to know your mentor as you move towards your Affirmation of Baptism. If you have not identified a mentor yet and need assistance, please contact Emily Harrow.
- \* **GOD SQUAD and FIRE FORCE** (youth in grades 6-12):
  - **March at the Movies!** Mark your calendar for Sunday, **March 5**, for an afternoon outing at the movies. We'll see a movie followed by FroYo and discussion about the movie. Times to be announced.
- \* **GOD SQUAD** (youth in grades 9-12):
  - Our **Summer 2017 Mission Trip** is **July 16-22** to Chicago to work with Center for Student Missions (CSM), the organization that we partnered with on our San Francisco and Toronto trips. Our students will learn, minister, and be exposed to new situations, opportunities and physical surroundings that will challenge their stereotypes and assumptions. (To learn more about CSM, watch an introductory video at <https://vimeo.com/107150526>.) Our next Mission Trip Team meeting is Sunday, **February 12**, at 12:15 pm. Speak with Emily Harrow, [emily@SALChome.org](mailto:emily@SALChome.org), for more information.
- \* **YOUTH REGISTRATION:** Saint Andrew's has one registration form that includes medical information and permissions. This form is used for all activities at Saint Andrew's for 2016-2017. Complete one form per family. Paper copies of the form can be found in the Narthex on the bulletin board near the church office. Return completed forms to the church office. The form is also ONLINE as an interactive PDF form; it can be found at [www.ce.SALChome.org](http://www.ce.SALChome.org). Complete the form and SAVE it to your computer. Either email the form to [info@SALChome.org](mailto:info@SALChome.org) or print and return the form to Saint Andrew's. Please note: If you completed a form for 2015-2016 and saved it on your computer, you can submit that form. Open it and update the school year, "Today's Date", and make any other necessary changes. Return the form via email or print and return the form to Saint Andrew's.

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**OUTREACH AND SERVANT MINISTRIES**


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- ♥ **CORNER OF BLESSING/HOPELINK:** Each month, we collect one food item in the Corner of Blessing. All donations help feed those in our community who are hungry. In February, we'll collect **baby food and infant formula**. These are items that are always in short supply at Hopelink. For more information, contact Debbie Szabo.
- ♥ **The SOUPER BOWL OF CARING:** Thank you! We collected 1009 pounds of food and \$1159.36 last Sunday. All donations have been given to Hopelink to help feed our neighbors in need.
- ♥ **WINTER SHELTER AND DAY CENTER NEEDS:** Congregations for the Homeless (CFH) has been serving around 80 men each night at the Emergency Winter Shelter in Bellevue. It is located off 116th Avenue just north of NE 4th Street. The Day Center offers breakfast and lunch, computer time, and other services five days a week. CFH is in need of paper towels, Clorox wipes, toilet paper, paper plates, napkins, plastic cutlery, hand sanitizer, blankets, towels, warm coats, paper cups, coffee, tea, and snack items like granola bars, fruit, and cookies. Donations can be left in the basket in the Narthex marked CFH. They are also in need of meals - Contact: Danette Mushatt Edwards 425-296-3797.
- ♥ **COLLECTIONS:** Dorcas Circle, Health and Wholeness Ministry, and Outreach and Servant Ministries welcome your contributions for Lutheran World Relief, Compass Housing Alliance, Congregations for the Homeless, and The Sophia Way. Lists of needed items are in the baskets near the elevator in the Narthex. Donations can be placed in the same baskets.

- ♥ **DRIVERS FOR CHICKEN SOUP BRIGADE:** We would welcome two more volunteers (or volunteer teams) to deliver meals to Eastside clients of Chicken Soup Brigade (Lifelong). The meals are picked up at Saint Andrew's and delivered between 3:00 pm - 6:00 pm on **Thursday** afternoons; usually around four or five stops. Volunteers deliver about once a month. Contact Claudia Browsers for more information.
- ♥ **THE SOPHIA WAY:** The Sophia Way helps homeless women journey toward independence and a home of their own. Volunteers are needed at the Day Center (at St. Luke's Lutheran Church, 3030 Bellevue Way NE, Bellevue) to sort donated items they receive, and to help ensure the women there have the clothing they need. If you are interested or want more information, contact their volunteer coordinator Tara, 425 463-6285. For other ways to help, visit [www.sophiaway.org](http://www.sophiaway.org).
- ♥ **SCHOLARSHIP NEEDS FOR STUDENTS IN TANZANIA:** We continue to need funding for the MGLSS Post-Secondary Scholarship fund, used for the students who qualified for university study (\$2,500), for the nursing school (\$1,000), and for teacher training (\$1,200). ANY AMOUNT given to this fund is helpful. You can make contributions by check to "Saint Andrew's" with "MGLSS Post-Secondary Scholarship" in the memo line. All funds will then be forwarded to OPERATION BOOTSTRAP AFRICA (OBA). You can also contribute directly to OBA online or by mail.



## LUTHERAN WORLD RELIEF....BIHAR, INDIA

Learn about Bihar... visit [www.lwr.org/bihar](http://www.lwr.org/bihar)

**Where is Bihar?** In northeastern India; in places where the Northeastern India Lutheran Church serves a very rural, agrarian population. The needs are great in the areas of nutrition and food security, enhancing barren land into fertile farm plots, empowering women through self-help groups and through creating savings accounts, and education.

**Why serve in Bihar?** Lutheran World Relief has responded by recruiting 9 congregations to work in collaborative impact in a world mission adventure to learn more about this region of India and to partner in serving. Two congregations in our Northwest Washington Synod have committed to join in this global mission for four-year period. Trinity Lutheran Church in Freeland will be our synod partner. For the past 30 years, Saint Andrew's has engaged in significant local and global servant ministries with the founding of Saint Andrews Housing Group (now Imagine Housing) and support of MaaSAE Girls School with Jean and Marv. In each of these there has been a deepening level of engagement with the stewardship of monies, projects, and service to insure that affordable housing is available on the Eastside and education rooting in Tanzania. This project is one more expression of this over the next four years.

**What are the first levels of involvement?** First of all, a growing awareness of this area in India and its people. We are blessed to have a family whose roots are found in this area and in the Christian community. Marshall Erling and Asha Prasad and family will help us learn more about mission in the communities of Northeastern India. In addition, we have committed \$30,000 in partnership with Lutheran World Relief to sow the seeds of this new beginning in missional outreach. These funds were presented to Ambassador Daniel Speckhard in November and represented monies from our Share the Vision! Be the Life! outreach monies, the Outreach Endowment Fund, and undesignated memorials. A separate fund has also been created for those who want to contribute directly through the years.

**Where do I begin to learn more?**

The best place is to access [www.lwr.org/bihar](http://www.lwr.org/bihar).



Lutheran World Relief



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**SAINT ANDREW'S OPPORTUNITIES AND ANNOUNCEMENTS**


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- ✠ **PRAYER PARTNERS FOR LENT** is a program where participants are given the name of another participant to pray for during the season of Lent. Praying for someone else is a blessing to another person as well as enriching to our own spiritual journey. By praying for members of our faith community, we become closer. Complete a request form by next Sunday, **February 19**. You may also include a request for prayers for a special need. Place your request in the "Prayer Partner" box in the Narthex or give it to a member of the Health and Wholeness Ministry Committee. Pick up your Secret Prayer Partner's name and prayer requests in the Narthex on Sunday, **February 26**. For more information, contact Beverley Watt or Mikel Oswald.
- ✠ **KNITWITS (Knitting as Witnesses)** Sunday, **February 12**, 9:45 am, 322/Conference Room  
The KnitWits are a fellowship group whose primary mission is to provide items of comfort that are knit or crocheted. All are welcome to join us anytime! Contact Dianne Chong for more information.
- ✠ **O.W.L.S. (Older Wiser Lutheran Saints)** will explore the history of technology during an inter-generational luncheon on Tuesday, **February 21**. *All ages* welcomed as we learn about tweeting on Twitter, Facebook, apps for cell phones, telephone party lines, telephone dating hook-ups, and texting. Social time begins at 11:30 am and the potluck at 11:45 am. *You don't need to be older or wiser to attend!* Hosts needed for February and March. Sign up by contacting Fellowship Coordinator Sherry Grindeland, sherry@salchome.org or 425-746-2529.  
O.W.L.S. is a lively fellowship group which meets on the third Tuesday of the month for fellowship, a potluck lunch, and an interesting program. There is no need to sign up or RSVP. Just come and, if you can, bring a dish to share.
- ✠ **YOUNG ADULTS** (those who have graduated high school and older): On the 2nd and 4th Wednesday of every month, young adults of Saint Andrew's get together for dinner at 6:30 pm. Our next dinner is on **February 22** at Red Robin in the Overlake area (2390 148th Avenue NE, Redmond.) Contact Carolyn McKenna by Monday, **February 19**, if you would like to join us! Looking ahead, Young Adults will serve Lenten Soup Supper on **March 15**.
- ✠ **W.E.B.S. (Women's Evening Book Study): through February 22**, 7:00 pm, 322/Conference Room  
Facilitators: Cheryl Jurrus, Vickie Kirn  
W.E.B.S. (Women's Evening Book Study) invites all women for fellowship, devotions, and discussion. This session, we are discussing *Same Kind of Different as Me* by Ron Hall and Denver Moore. Join us for a lively discussion on following the path God sets before us, homelessness, and courage. Contact Cheryl Jurrus or Vickie Kirn for more information.
- ✠ **SHROVE TUESDAY PANCAKE DINNER:** Begin the Lenten season with a longtime religious tradition – a pancake dinner on Shrove Tuesday, **February 28**. The dinner will be held in 301/ Fellowship Hall beginning around 5:00 pm. Serving pancakes on Shrove Tuesday developed more than 1,000 years ago in Europe. It comes from "to shrive" which meant to hear confessions. As part of Lent, faithful people were expected to give up meat, milk, eggs and butter. Families used up their dairy supplies on the Tuesday before Ash Wednesday by serving a dinner of pancakes. This fellowship fundraiser will help defray costs of the Saint Andrew's Women's Gathering in March.
- ✠ **WOMEN'S GATHERING:** Plans are being made for a Saint Andrew's Women's Gathering (formerly known as a retreat) for the weekend of Friday-Sunday, **March 24-26**. Pastor Mary-Alyce Burleigh will help lead the program. Volunteers needed to help plan this fun event. Contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-746-2529, for information.

✠ **CHILI COOK-OFF:** Mark your calendar to attend the Chili Cook-off on Saturday, **March 18**, at 6:00 pm. Cook up a pot of chili and see how it compares to others in the congregation. Or just come and taste (and vote for your favorite!) This is a fun fellowship event for everyone. Enjoy some award-winning chili and put some bids on great auction items. All proceeds support the 2017 Chicago Mission Trip. We are collecting items now. Items we love: artwork, homemade items, wine, trips, etc. Contact Emily Harrow, Director Discipleship Ministries, emily@SALChome.org or 425-746-2529, for more information on how to enter the chili contest and what items will be available for bidding.

✠ **DISCIPLEFIT in EPIPHANY:** Grow Spiritually and Mentally by memorizing Bible verses! There is a selection of Bible verses in the bulletin each week during Epiphany (see page 12.) Youth and adults are invited to memorize a verse. Recite it to a member of the Communications Committee to receive a small prize! Committee members are wearing nametags and are available during Discipleship Hour. Youth may recite the verse(s) to their classroom teacher.



✠ **DISCIPLEFIT - WALK TO WITTENBERG:** Are your walking shoes ready??? As announced at the Annual Meeting, everyone is invited to participate in a “Fitness and Witness” program to commemorate the 500-year anniversary of the Reformation. The program runs from **May 1 to September 4**, but we are inviting sign ups now so that we can form teams of up to 10 people who will compete in racking up “miles” that will count towards our virtual race to Wittenberg. Along the way, we’ll have some group activities and single events, and learn more about Luther and the Reformation. All forms of physical activity will count. We want to have everyone able to participate – if you are over 70 or under 16, your “miles” will be doubled. If you are over 80, your miles are tripled! Sign up in the Narthex to be a part of this fun program. May the best team win!!!



✠ **BECOME A NEW MEMBER MENTOR:** Volunteers are needed for the New Member Mentor program. As a mentor you will help make our new members feel connected. All it takes are some phone calls, emails and joining them a couple times at Fellowship or DiscipleFit programs. They get help navigating church and you will make new friends. Short term responsibility and long term fun! For more information, please contact Sherry Grindeland, Fellowship Coordinator, sherry@salchome.org or at 425-746-2529.

✠ **USHERS NEEDED!!!** We need more ushers to round out our cadre of Sunday servers. No experience needed! Free training provided. We’re particularly short ushers for the 11:00 am services but need additional help for 8:30 am, too. More greeters, coffee hosts and lectors also welcomed. Add your name to the sign-up sheet on the bulletin board in the Narthex or contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-746-2529.

✠ **TUESDAY MORNING MEN (TMM)**  
Facilitator: Dave Marcander

Every Tuesday, 6:30 am, Room 212

We have begun our year long focus on the REFORMATION, in recognition of the 500th anniversary in 2017. Our first study is the book, *MARTIN LUTHER, A Life*, by Martin Marty. Join us on Tuesday mornings; ALL MEN ARE WELCOME.

✠ **COMMUNION BREAD:** Everyone is invited to bake bread used in the Eucharist on Sunday mornings. The sign-up list through **June 2017** is available. You can sign up online for a specific Sunday. Links to the sign-up and to the recipe for Luther Bread can be accessed on the Saint Andrew’s website: [www.worship.SALChome.org](http://www.worship.SALChome.org). Contact coordinator Jill Nichols-Hicks for more information.

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**OTHER OPPORTUNITIES AND ANNOUNCEMENTS**


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**LUTHERAN CAMPUS MINISTRY UW:** The Board of Lutheran Campus Ministry to the University of Washington (LCM to the UW) is actively seeking an organized individual to fulfill the volunteer position of Board Secretary to help fulfill the mission of LCM to the UW to “Love All, Seek Justice, Practice Faith”. For more information and a more detailed description of the responsibilities, please contact Tricia Donhowe.

**ENGAGING THE SPIRITUAL PRACTICES OF LENT AND THE THREE DAYS:**  
 Sunday, **March 5**, 3:00 pm - 5:30pm, Our Savior Lutheran Church, 745 Front Street S., Issaquah  
 In this workshop, participants will consider a newer (but actually much older) understanding of Lent and how Luther’s Small Catechism offers a model for engaging spiritual practices that lead to the renewal of Christian life at Easter. This is a practical workshop that will give participants a number of practices to consider as we move into the season of Lent that culminates in the Three Days. You can expect a well-organized, engaging, and thoughtful time to reflect on what matters in Christian life -- all touched with a wry sense of humor. Dr. Samuel Torvend holds the University Chair in Lutheran Studies at PLU where he has been teaching for 18 years. He also serves as the associate for Adult Christian Formation at Christ Church in Tacoma. One of his most recent books touches on this workshop: *Flowing Water, Uncommon Birth: Christian Baptism in a post-Christian Culture* (Augsburg Fortress, 2011). The cost for the workshop is free, but please RSVP so we can make enough copies for those in attendance. RSVP to: [office@oslcissaquah.org](mailto:office@oslcissaquah.org).




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**For Sunday, February 19: Seventh Sunday after Epiphany**

Leviticus 19:1-2, 9-18; Psalm 119:33-40; Philippians 2:1-11; Matthew 11:25-30

**Servers for February 19**

*Presiding Minister:* Pastor James McEachran

*Assisting Ministers:*

(I) Sharon Gurtel (II) Tom Getzinger

*Communion Assistants:*

(I) Judy Gowdy (II) Sue Short

*Acolytes:*

(I) Livi Myhre (II) Collin Feldman

*Altar Guild:*

Linda Powell, Phillip Misner

*Greeters:*

(I) John and Judy Gowdy

(II) Mark and Nancy Davis

*Lectors:*

(I) Alexander Erling (II) Carolyn McKenna

*Ushers:*

(I) Tom Anderson, John Nelson

(II) Kit and Jan Bowerman

*Coffee Hosts:*

Dave and Sherry Grindeland

February 12, 2017

## Be DiscipleFIT in Epiphany

Have you ever been strengthened or comforted by recalling from memory a familiar Bible verse or passage? During Epiphany, the Communications Committee invites everyone to grow Spiritually and Mentally by memorizing Bible verses.

Memorize one (or more!) of the verses below - use any translation you prefer. Recite the verse(s) to a member of the Communications Committee next Sunday, **February 19**, to receive a small prize! Youth may recite verses to their classroom teacher.

Members of the Communications Committee are:

Judi Miller, Ben Johnson, Roger Koskela, Kendra Mills, Susan Hegedus



This week's theme: **Faith**

*The assurance of things hoped for, the conviction of things not seen. (Hebrews 11:1)*  
*Martin Luther wrote, "Faith is God's work in us. It changes us and makes us to be born anew of God. This faith is a living, busy, active, mighty thing. It is impossible for it not to be doing good works incessantly. Faith is a living, daring confidence in God's grace, so sure and certain that believers would stake their lives on it a thousand times."*

from the *New International Version*

### 2 Timothy 4:7

I have fought the good fight, I have finished the race, I have kept the faith.

### Ephesians 2:8

For it is by grace you have been saved, through faith - and this not from yourselves, it is the gift of God.

### 2 Corinthians 5:7

We live by faith, not by sight.

### Romans 5:1

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ.

Contact Communications Committee Chair Judi Miller for more information.