

# Transfiguration of Our Lord

## GATHERING

*Please silence all electronic devices and prepare for worship.*

**PRELUDE** *Air in D* [J.S. Bach]

**CHANCEL CHATS** Carolyn Ferris, Walk to Wittenberg  
Sherry Grindeland, Shrove Tuesday Pancake Dinner

**ANNOUNCEMENT OF THE DAY** Pastor McEachran

**HYMN** *Arise, Your Light Has Come!* ELW Hymn 314

**CONFESSION AND FORGIVENESS**

**APOSTOLIC GREETING**

[A] The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

[C] **And also with you.**

**KYRIE** ELW page 213

**HYMN OF PRAISE** ELW page 213

**PRAYER OF THE DAY**

*(congregation is seated)*

**CHILDREN'S MESSAGE** *What Do You See?* Pastor McEachran

## WORD

**FIRST LESSON** Exodus 24:12-18

[L] Holy wisdom, holy word.

[C] **Thanks be to God.**

**PSALM 64** *(spoken responsively: [A] Assisting Minister; [C] Congregation)*

**SECOND LESSON** Ephesians 1:15-23

[L] Holy wisdom, holy word.

[C] **Thanks be to God.** *(congregation stands)*

**GOSPEL ACCLAMATION**

[P] The Good News of Jesus according to Matthew.

[C] **Glory to you, O Lord.**

**GOSPEL** Matthew 14:22-34

[P] The Gospel of the Lord.

[C] **Praise to you, O Christ.**

- [C] Congregation
- [A] Assisting Minister
- [P] Pastor

### Today's Theme

The Time of Epiphany has been a time to listen to the ways in which Jesus was shown to be the Son of God. On the first Sunday, at His Baptism, he heard the words "You are my Son, the Beloved, with you I am well pleased." In the successive Sundays, we have found focus in prayer as that moment of relationship in which God welcomes us to time of praise, confession, thanksgiving and intercession. On this Sunday, we recall the Transfiguration, a time in which three of Jesus' disciples heard the words from God that "This is my Son, the Beloved, listen to him." As we approach the Time of Lent, we are to remember the keep our eyes on Jesus, to listen well, and to walk with Him to the Cross. And we pray, "Even so, Come, Lord Jesus."

**SERMON**

**Lord, Teach Us to Pray**

Pastor McEachran

1. On the Mountain
2. On the Sea
3. In the Church
4. In the World

**HYMN OF THE DAY**

ELW Hymn 767

**Lord, Take My Hand and Lead Me**

**APOSTLES' CREED**

**A** We confess our faith in the words of the Apostles' Creed.

**C** I believe in God, the Father Almighty, Creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**THE PRAYERS**

**A** Hear us, O God.

**C** Your mercy is great.

**THE PEACE**

**P** The peace of the Lord be with you always.

**C** And also with you.

*(shared in community)*

**OFFERING**

**I.**

*Grazioso*  
Handbell Choir

[Arnold B. Sherman]

**II.**

*This Glimpse of Glory*  
Chancel Choir

[Carl Daw, Jr.,  
David A. White]  
*(congregation stands)*

**OFFERTORY VERSE**

**OFFERTORY PRAYER**



**GREAT THANKSGIVING**

**SANCTUS**

**WORDS OF INSTITUTION**

**THE LORD'S PRAYER**

**C** Our Father in heaven, hallowed be your name,  
 your kingdom come, your will be done, on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of trial and deliver us from evil.  
 For the kingdom, the power, and the glory are yours,  
 now and forever. Amen.

*(congregation is seated)*

**LAMB OF GOD**

**COMMUNION DISTRIBUTION**

<i>This Is My Father's World</i>	ELW Hymn 824
<i>Beautiful Savior</i>	ELW Hymn 838
<i>My Faith Looks Up to Thee</i>	ELW Hymn 759

**POST-COMMUNION BLESSING**


**P** May the body and blood of our Lord and Savior Jesus Christ,  
 strengthen and keep you in God's loving grace, now and forever.  
**C** Amen.

**POST-COMMUNION CANTICLE**

**PRAYER**



**BLESSING**

**P** The Lord bless you and keep you. The Lord make his face shine on  
 you and be gracious to you. The Lord look upon you with favor and  
 give you peace, in the name of the Father, and of the  Son, and of  
 the Holy Spirit. *Numbers 6:24-26*  
**C** Amen.

**CLOSING HYMN**      *Let All Things Now Living*      ELW Hymn 881

**A** Go in peace to love and serve the Lord.  
**C** Thanks be to God.

**POSTLUDE**

**P A R T I C I P A N T S***Presiding Minister* Pastor James N. McEachran*Director of Music Ministries/Organist* Dr. Will Simpson*Assisting Ministers* (I) Sue Short (II) Dana Nasby*Communion Assistants* (I) Lynn Mack (II) Jan Bowerman*Acolytes* (I) Ian Maland (II) Izzy Clarke*Altar Guild* Jill Nichols-Hicks, Karin Eklof*Greeters* (I) Nancy P. Davis (II) Carolyn and Jerry Haralson*Lectors* (I) Vishal Erling (II) Misty Weber*Ushers* (I) John Arnold, Brett Nelson

(II) Ann Ross-Clarke, Sherry Grindeland

*Coffee Hosts* Dennis and Susan Hegedus

Unless otherwise noted, Scripture readings are from the NRSV.

**W E L C O M E****TODAY AT SAINT ANDREW'S**

- Ⓢ **THE FLOWERS** are given to the glory of God by Adam and Emily Harrow in loving memory of Adam's mother, Gigi Harrow.
- Ⓢ **WORSHIP SERVICE CAPTIONING:** Today, real-time captioning of the 11:00 am worship service is available, making our worship service accessible to those who are hard-of-hearing. You can use your smartphone or tablet to access the captioning (the sanctuary has a WiFi connection.) Go to: <https://captionsunlimited.lcapapp.com/event/standrews/> (If you see a login page, the captioning is not yet active. Refresh your browser near the beginning of the worship service.) The website displays real-time captions of what is being spoken in the service, similar to closed captioning on television.
- Ⓢ **AFFIRMATION OF BAPTISM/ CONFIRMATION (ABC) MENTOR/ MENTEE/FAMILY DINNER:**  
ABC students, bring your mentor and family for dinner at Saint Andrew's TODAY, **February 26**, at 6:00 pm. This is a great opportunity to get to know your mentor as you move towards your Affirmation of Baptism.  
If you have not identified a mentor yet and need assistance, please contact Emily Harrow.
- Ⓢ **PRAYER PARTNERS FOR LENT** is a program where participants are given the name of another participant to pray for during the season of Lent. For those who signed up to participate, pick up your Secret Prayer Partner's name and prayer requests in the Narthex TODAY, **February 26**. For more information, contact Beverley Watt or Mikel Oswald,

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**LENT AT SAINT ANDREW'S**


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**Our theme for Lent is "Pilgrimage of Life: Empty Cross, Empty Tomb, Full Life!"** Jesus' pilgrimage to the Cross and victory over death makes possible our journey from Font to Life. Each day is a time to remember the price paid for our sins. Note these opportunities for worship and discipleship....

- ✠ **WORSHIP -- ASH WEDNESDAY:** Ash Wednesday is **March 1**. Worship with Holy Communion is at 12:15 pm and 7:00 pm. There is no soup supper on Ash Wednesday.
- ✠ **WORSHIP -- SUNDAYS:** Lent is traditionally a time to prepare for Holy Baptism. As we gather each Sunday to worship, the readings will focus on images for the Sacrament of New Beginnings.
 

<b>March 5:</b> <i>Renouncing Evil</i>	<b>March 26:</b> <i>Light and New Sight; Anointing</i>
<b>March 12:</b> <i>Seeking New Birth</i>	<b>April 2:</b> <i>Dying and Rising</i>
<b>March 19:</b> <i>Living Water that Lasts</i>	
- ✠ **WORSHIP -- MID-WEEK:** Our pilgrimage of life journeys through many stages and challenges, and is best done with others along the way and with Christ in the lead. Pastor David Ellingson is our devotional leader to explore these themes. He is an author, pastor, social justice advocate, speaker, teacher, master gardener, and kayak paddler. Learn more about Pastor Ellingson at [www.dellingson.com](http://www.dellingson.com).
 

<b>March 1:</b> <i>Preparation</i>	<b>March 22:</b> <i>Pain</i>
<b>March 8:</b> <i>Pushing Off</i>	<b>March 29:</b> <i>Peace</i>
<b>March 15:</b> <i>Paddling</i>	<b>April 5:</b> <i>Pilgrimage</i>
- ✠ **LENTEN SOUP SUPPER:** Volunteers are needed to prepare and serve soup and bread on Wednesday, **March 22**. Sign up in the Narthex.
- ✠ **COLOR DURING LENT:** Gather for fellowship and devotion in the Narthex as Saint Andrew's works together to color the Stations of the Cross as a Communal Art Expression. This is a project we will continue throughout Lent. On Easter morning, the final product will be displayed, and cross generational connections will have been made throughout the Sundays in Lent.
- ✠ **PRAY DURING LENT:** Praying for someone else is a blessing to another person as well as enriching to our own spiritual journey. Pray for your partner throughout Lent - for their special requests, for their health, and for their spiritual journey. You will find out who has been praying for you on the Sunday after Easter, **April 23**. For more information, contact Beverley Watt, Mikel Oswald, or Cheryl Jurrus
- ✠ **GIVE TO OTHERS DURING LENT:** The Health and Wholeness Committee is holding its annual *Baskets of Promise* campaign during Lent to help fill our needs for Personal Care Kits. The kits, distributed by Lutheran World Relief, hold basic personal hygiene items, like a toothbrush and nail clipper, to give to those in need in refugee camps and other locations where needed. See page 14 of the bulletin for more information and the collection schedule. The goal is to assemble **300 kits!** With your help we can do it!  
 For **March 5**, we welcome **bars of soap** (4 to 5 ounces, in original wrapping)

**NEXT SUNDAY AT SAINT ANDREW'S**

- Ⓡ **NAME TAGS:** The first Sunday of the month is the time to wear name tags. This is a wonderful way to get acquainted and greet those around you.
- Ⓡ **BLOOD PRESSURE CHECK:** Come to Room 212 between 9:30 am and 10:30 am. Health care professionals from Health and Wholeness Ministry will take your blood pressure and discuss concerns.

Ⓡ **WORSHIP SERVICE CAPTIONING:** Next Sunday, real-time captioning of the 11:00 am worship service is available, making our worship service accessible to those who are hard-of-hearing or cannot be at church. You can use your smartphone, PC, or tablet to access the captioning (the sanctuary has a WiFi connection.) Go to: <https://captionsunlimited.1capapp.com/event/standrews/> The website displays real-time captions of what is being spoken in the service, similar to closed captioning on television.

**DISCIPLESHIP HOUR...SUNDAYS AT 9:45 AM**

Discipleship Hour offers classes for age 2 through adult!

- Ⓡ **SUNDAY CHURCH SCHOOL (SCS)** classes welcome children age 2 through grade 5. All classes are downstairs in South Hall. The SCS office is located on the lower level near the Narthex stairs. Students who are new to our congregation are asked to come to the SCS office to register and receive a class assignment.
- Ⓡ **AFFIRMATION OF BAPTISM/CONFIRMATION (ABC)** classes are geared toward youth in grades 6-8. All ABC students gather in 302/Fellowship Hall South from 9:45 am - 10:00 am before heading to classes in Rooms 121, 122, 119, and 321/Youth Room. Today, Pastor McEachran teaches the "Worship and Liturgy" class to 6th graders. Those students new to our congregation are asked to contact Director of Discipleship Ministries Emily Harrow or Pastor McEachran for more information.
- Ⓡ **CROSSWALK** is focused on high school age youth, grades 9-12. Got questions? Join us each Sunday for coffee, cocoa, donuts, and conversation. We are also creating tie fleece blankets that will be donated to Lutheran World Relief. On the last Sunday of each month, gather in the youth room for Oasis, a time for our high school students to rest, color, and enjoy a movie.



Ⓡ **February 26**  
**FAITH IS A VERB - A JOURNEY AND PERSPECTIVE**  
 Presenter: Marcia Riggers  
*301/Fellowship Hall North*  
 How we come to faith and how it grows and develops within each of us is shaped by who we are and our lived experience. Is it a learned process? A theological/religious expectation? Or, perhaps, a random event? Join in a conversation about the role and purpose of prayer and spiritual practice in a life of active faith. *Saint Andrew's member Marcia Riggers has spent more than forty years in education as a teacher, university faculty and state administrator, and has served on boards of directors and in areas of leadership for numerous organizations, Lutheran and secular.*

Ⓡ **March 12 and 19**  
**STEPPING INTO THE CHURCH: FAITH STEPPING STONES FOR PARENTS OF 8th GRADERS**  
 Facilitators: Lois Nelson, Kari Henderson  
*322/Conference Room*  
 Our focus will be on transitioning to high school and completing Affirmation of Baptism/Confirmation (ABC). Emily Harrow will speak about our high school discipleship program and opportunities.

*(continued)*

*This Lenten season we take a look at the various Spiritual Practices and prayer and song within the Church.*

☞ **March 5**

**SPIRITUAL PRACTICES AND PRAYER:  
BENEDICTINE**

Presenter: Father Paul Weckert  
301/Fellowship Hall North

We begin this series by welcoming Father Paul Weckert, the Director of Vocation at St. Martin's Abbey in Lacey, Washington. Father Weckert will discuss the Benedictine order and the Lectio Divina.

*Father Paul Weckert is a priest of the Benedictine Order at St. Martin's Abbey in Lacey, Washington. He came to the monastic life at St. Martin's Abbey at age 41, and was ordained a priest in 1999.*

*He has served as Vocation Director and Novice Master for his monastery, was a Parochial Vicar at St. Michael Parish, Olympia, and was pastor of parishes in Vancouver, Battle Ground, Olympia, and Yelm. He is now in residence at St. Martin's Abbey and once again Vocation Director.*

*The Benedictine Abbey of Saint Martin's, founded in Lacey in 1895 as a monastery of the American Cassinese Congregation, is a community of Roman Catholic men dedicated to providing Christian witness in the Pacific Northwest through its monastic life of prayer and work, education and service to the Church. The basic principles and beliefs that guide its communal life are:*

*1) prayer, 2) hospitality, 3) listening to others, and 4) service to others particularly through education.*

☞ **March 12**

**SPIRITUAL PRACTICES AND PRAYER:  
IGNATIAN/JESUIT**

Presenter: Marilyn Nash  
301/Fellowship Hall North

Marilyn Nash, the Campus Minister for Ignatian Spirituality at Seattle University, will facilitate a discussion on the prayer and spiritual practices of the Ignatian/Jesuit tradition. Marilyn will focus on Imaginative Prayer with Scripture and will provide a brief introduction to the Daily Examen, both of which are rooted in the Ignatian/Jesuit tradition.

☞ **March 19**

**SPIRITUAL PRACTICES AND PRAYER:  
FRANCISCAN**

Presenter: Pastor James McEachran  
301/Fellowship Hall North

Pastor McEachran will lead us through a session focusing on the prayer and spiritual practices of the Franciscan Order.

☞ **March 26**

**SPIRITUAL PRACTICES AND PRAYER:  
EXPERIENTIAL**

Presenter: Emily Harrow  
301/Fellowship Hall North

Emily Harrow will facilitate an hour of experiential prayer. Fellowship Hall will be turned into a Prayer Room with a variety of stations to experience prayer in a different way.

☞ **April 2**

**SPIRITUAL PRACTICES AND SONG:  
SONGS OF ISAIAH**

Presenter: Pastor James McEachran  
301/Fellowship Hall North

Pastor McEachran will facilitate a Bible Study on the Servant Songs of Isaiah:

Isaiah 42:1-9            Isaiah 50:4-9  
Isaiah 49:1-7            Isaiah 52:13-53:12

☞ **April 9**

**PASSION HYMNS SING-A-LONG**

Presenter: Dr. Will Simpson  
301/Fellowship Hall North

Dr. Will Simpson will lead the Adult Discipleship Hour with a Passion Hymns Sing-a-long as we prepare for Holy Week.

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**DISCIPLESHIP MINISTRIES...DURING THE WEEK**


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**☞ TUESDAY MORNING BIBLE STUDY**

Presenter: Pastor McEachran

Every Tuesday, 10:00 am, 322/Conference Room

Tuesday Morning Bible Study concludes the study of the book of Hosea this Tuesday, **February 28**. Be reading Hosea 9:1--13:16. Bring your favorite translation and join the adventure.

A new series for Lent -- *Psalms of the Heart - The Penitential Psalms* -- begins on **March 7**. The "Psalms of the Heart" are those which call for repentance and change of direction in the life of those who walk the way of Christ. We will look at each psalm through the lens of the Jewish tradition and the life of these psalms in the life of the Church. Invite a friend and bring your favorite translation of the Bible.

**March 7** Psalm 6 and 32

**March 14** Psalm 38 and 51

**March 21** Psalm 102 and 130

**April 4** Psalm 143

**April 11** Jesus' Use of the Psalms

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**DISCIPLESHIP MINISTRIES...YOUTH**


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**\* GOD SQUAD and FIRE FORCE** (youth in grades 6-12):

- **March at the Movies!** Mark your calendar for Sunday afternoon, **March 5**, for an outing at the movies. God Squad and Fire Force will see *The Shack* (<https://www.youtube.com/watch?v=CL0yUbSS5Eg>) followed by FroYo and discussion about the movie. The story of *The Shack* follows the spiritual journey of a father, Mack Phillips, following a tragedy in his family. An official time will be announced once times are listed, but will likely begin sometime between 2:30 pm and 4:30 pm. Sign up in the Narthex.

**\* GOD SQUAD** (youth in grades 9-12):

- Our **Summer 2017 Mission Trip** is **July 16-22** to Chicago to work with Center for Student Missions (CSM), the organization that we partnered with on our San Francisco and Toronto trips. Our students will learn, minister, and be exposed to new situations, opportunities and physical surroundings that will challenge their stereotypes and assumptions. (To learn more about CSM, watch an introductory video at <https://vimeo.com/107150526>.) Our next Mission Trip Team meeting is Sunday, **March 12**, at 12:15 pm. Speak with Emily Harrow, [emily@SALChome.org](mailto:emily@SALChome.org), for more information.

- **YOUTH REGISTRATION:** Saint Andrew's has one registration form that includes medical information and permissions. This form is used for all activities at Saint Andrew's for 2016-2017. Complete one form per family. Paper copies of the form can be found in the Narthex on the bulletin board near the church office. Return completed forms to the church office. The form is also ONLINE as an interactive PDF form; it can be found at [www.ce.SALChome.org](http://www.ce.SALChome.org). Complete the form and SAVE it to your computer. Either email the form to [info@SALChome.org](mailto:info@SALChome.org) or print and return the form to Saint Andrew's. Please note: If you completed a form for 2015-2016 and saved it on your computer, you can submit that form. Open it and update the school year, "Today's Date", and make any other necessary changes. Return the form via email or print and return the form to Saint Andrew's.





## LUTHERAN WORLD RELIEF...BIHAR, INDIA

Learn about Bihar... visit [www.lwr.org/bihar](http://www.lwr.org/bihar)

**Where is Bihar?** In northeastern India; in places where the Northeastern India Lutheran Church serves a very rural, agrarian population. The needs are great in the areas of nutrition and food security, enhancing barren land into fertile farm plots, empowering women through self-help groups and through creating savings accounts, and education.

**Why serve in Bihar?** Lutheran World Relief invited us to consider a global partnership in India. We are one of two congregations in the Northwest Washington Synod to join a growing list of congregations in the United States. Our commitment is to engage in a four-year collaborative partnership, including Trinity Lutheran Church in Freeland (Whidbey Island), which will involve education, working towards a deeper sense of our mission in Christ to serve in the world.

**Where can I get involved?** First of all, learn more about India. There will be numerous connections with other congregations with individual and shared projects in creating school kits, seed money collections, and learning about the inter-village rallies and beginning of Self-Help Groups and co-ops for farmers. We are creating a project working team within the congregation. Jean Wahlstrom has agreed to be a key player in this new global outreach opportunity. If you are interested, contact Marlyn Thorpe, chair, Outreach and Servant Ministries Committee.

**Where do I learn more?**

The best place is to access [www.lwr.org/bihar](http://www.lwr.org/bihar).



Lutheran World Relief

## OUTREACH AND SERVANT MINISTRIES

- ♥ **CORNER OF BLESSING/HOPELINK:** Each month, we collect one food item in the Corner of Blessing. All donations help feed those in our community who are hungry. In February, we are collecting **baby food and infant formula**. These are items that are always in short supply at Hopelink. In March, we'll collect **rice and pasta**. Any type of rice is welcome (in 5 pound bags or smaller). Please, no spaghetti. For more information, contact Debbie Szabo.
- ♥ **COLLECTIONS:** Dorcas Circle, Health and Wholeness Ministry, and Outreach and Servant Ministries welcome your contributions for Lutheran World Relief, Compass Housing Alliance, Congregations for the Homeless, and The Sophia Way. Lists of needed items are in the baskets near the elevator in the Narthex. Donations can be placed in the same baskets.

- ♥ **WINTER SHELTER AND DAY CENTER NEEDS:** Congregations for the Homeless (CFH) has been serving around 80 men each night at the Emergency Winter Shelter in Bellevue. It is located off 116th Avenue just north of NE 4th Street. The Day Center offers breakfast and lunch, computer time, and other services five days a week. CFH is in need of paper towels, Clorox wipes, toilet paper, paper plates, napkins, plastic cutlery, hand sanitizer, blankets, towels, warm coats, paper cups, coffee, tea, and snack items like granola bars, fruit, and cookies. Donations can be left in the basket in the Narthex marked CFH. They are also in need of meals - Contact: Danette Mushatt Edwards 425-296-3797.

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♥ **SCHOLARSHIP NEEDS FOR STUDENTS IN TANZANIA:** We continue to need funding for students at MaaSAE Girls Lutheran Secondary School and for the MGLSS Post-Secondary Scholarship fund, used for the students who qualified for university study, nursing school, and teacher training. Currently 17 MGLSS students need scholarships. Full year funding for a student in Forms 1-4 is \$1000; in Forms 5-6, \$1200. **ANY AMOUNT** given is helpful. Make contributions by check to “Saint Andrew’s” with “MGLSS Post-Secondary Scholarship” in the memo line. All funds will then be forwarded to OPERATION BOOTSTRAP AFRICA (OBA). You can also contribute directly to OBA online or by mail.

♥ **DRIVERS FOR CHICKEN SOUP BRIGADE:** We would welcome two more volunteers (or volunteer teams) to deliver meals to Eastside clients of Chicken Soup Brigade (Lifelong). The meals are picked up at Saint Andrew’s and delivered between 3:00 pm - 6:00 pm on **Thursday** afternoons; usually around four or five stops. Volunteers deliver about once a month. Contact Claudia Browsers for more information.

♥ **THE SOPHIA WAY:** The Sophia Way helps homeless women journey toward independence and a home of their own. Volunteers are needed at the Day Center (at St. Luke’s Lutheran Church, 3030 Bellevue Way NE, Bellevue) to sort donated items they receive, and to help ensure the women there have the clothing they need. If you are interested or want more information, contact their volunteer coordinator Tara, 425 463-6285. For other ways to help, visit [www.sophiaway.org](http://www.sophiaway.org).

### SAINT ANDREW’S OPPORTUNITIES AND ANNOUNCEMENTS

✠ **SHROVE TUESDAY PANCAKE DINNER:** Join us for a Pancake Dinner to celebrate Shrove Tuesday! It will be at 5:00 pm on **February 28** in 301/Fellowship Hall. This tradition was to clean out the pantry of tasty things such as eggs and butter in preparation for the sacrifices Christians made during Lent. Serving pancakes on Shrove Tuesday developed more than 1,000 years ago in Europe. It comes from “to shrive” which meant to hear confessions. Expect some fun fellowship, a dinner of pancakes and fruit, and a brief gathering to mark our faith. A free-will offering will help underwrite scholarships for the Women’s Gathering **March 24-26**.

✠ **KNITWITS (Knitting as Witnesses)**  
Sunday, **March 12**, 9:45 am,  
322/Conference Room

The KnitWits are a fellowship group whose primary mission is to provide items of comfort that are knit or crocheted. All are welcome to join us anytime! Contact Dianne Chong for more information.

✠ **CHILDREN’S CHOIR SINGS on PALM SUNDAY:** Calling all students in kindergarten through middle school! You are invited to join us for Children’s Choir as we prepare to sing for Palm Sunday, **April 9**. This is a great opportunity for you to be a very important part of our worship service that day. We need your voice! Who is invited? Boys and girls in kindergarten through Grade 8. When will we practice? We will meet on four Sundays from 3:00 pm - 4:00 pm in the 215/Music Room: **March 12, 19, 26, and April 2**. When will we sing? We will sing for both services on Palm Sunday, **April 9**. How can I join? Ask your parents to email Ms. Erin (Erin Simpson) to let her know you will be joining us!

✠ **YOUNG ADULTS** (those who have graduated high school and older): Young adults of Saint Andrew’s will prepare and serve the Lenten Soup Supper on Wednesday, **March 15**. Contact Carolyn McKenna if you would like to help cook or serve, or if you want to be added to the Young Adults Facebook group.

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✠ **CHILI COOK-OFF:** Mark your calendar to attend the Chili Cook-off on Saturday, **March 18**, at 6:00 pm. Cook up a pot of chili and see how it compares to others in the congregation. Or just come and taste (and vote for your favorite!) This is a fun fellowship event for everyone. Enjoy some award-winning chili and put some bids on great auction items. All proceeds support the 2017 Chicago Mission Trip. We are collecting items now. Items we love: artwork, homemade items, wine, trips, etc. Contact Emily Harrow, Director Discipleship Ministries, emily@SALChome.org or 425-746-2529, for more information on how to enter the chili contest and what items will be available for bidding.

✠ **WOMEN'S GATHERING:** All women are invited to the Women's Getaway/Gathering on the weekend of **March 24-26**. We'll have some fun, some learning, praying, silent time for reflection, some good meals, a movie night on Saturday, and worship. Pastor Mary-Alyce Burleigh is our leader and will guide us through the theme ***Our Reforming Ways – Past, Present and Future: Celebrating 500 years of Reformation and Where We Go from Here.***

The cost is \$150, which includes a two night stay at the Hilton Garden Inn in Everett (no sleeping bags needed for this adventure!), meals, and study materials. Brochures with registration forms are in the Narthex. Contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-746-2529, for information.

✠ **DISCIPLEFIT in EPIPHANY: Only 1 week to GROW!** Grow Spiritually and Mentally by memorizing Bible verses! See page 13 for a selection of Bible verses. Youth and adults are invited to memorize a verse. Recite it to a member of the Communications Committee to receive a small prize! Committee members are wearing nametags and are available during Discipleship Hour. Youth may recite the verse(s) to their classroom teacher.



✠ **DISCIPLEFIT - WALK TO WITTENBERG:** Are your walking shoes ready??? Everyone is invited to participate in a “Fitness and Witness” program to commemorate the 500-year anniversary of the Reformation. The program runs from **May 1 to September 4**, but we are inviting sign ups now so that we can form teams of up to 10 people who will compete in racking up “miles” that will count towards our virtual race to Wittenberg. Along the way, we’ll have some group activities and single events, and learn more about Luther and the Reformation. All forms of physical activity will count. We want to have everyone able to participate – if you are over 70 or under 16, your “miles” will be doubled. If you are over 80, your miles are tripled! Sign up in the Narthex to be a part of this fun program. May the best team win!!!



✠ **USHERS NEEDED!!!** We need more ushers to round out our cadre of Sunday servers. No experience needed! Free training provided. We’re particularly short ushers for the 11:00 am services but need additional help for 8:30 am, too. More greeters, coffee hosts and lectors also welcomed. Contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-746-2529, for more information or to volunteer.

✠ **TUESDAY MORNING MEN (TMM)**


Facilitator: Dave Marcander

Every Tuesday, 6:30 am, Room 212

We have begun our year long focus on the REFORMATION, in recognition of the 500th anniversary in 2017. Our first study is the book, *MARTIN LUTHER, A Life*, by Martin Marty. Join us on Tuesday mornings; ALL MEN ARE WELCOME.

✠ **COMMUNION BREAD:** Everyone is invited to bake bread used in the Eucharist on Sunday mornings. The sign-up list through **June 2017** is available. You can sign up online for a specific Sunday. Links to the sign-up and to the recipe for Luther Bread can be accessed on the Saint Andrew’s website: [www.worship.SALChome.org](http://www.worship.SALChome.org). Contact coordinator Jill Nichols-Hicks for more information.


(continued)


 **NEW MEMBERS WELCOMED!** We would like you and your family to join Saint Andrew's Lutheran Church. For more information, please contact Sherry Grindeland, Fellowship Coordinator, sherry@salchome.org or at 425-746-2529.

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## OTHER OPPORTUNITIES AND ANNOUNCEMENTS


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 **LUTHERAN CAMPUS MINISTRY UW:** The Board of Lutheran Campus Ministry to the University of Washington (LCM to the UW) is actively seeking an organized individual to fulfill the volunteer position of Board Secretary to help fulfill the mission of LCM to the UW to "Love All, Seek Justice, Practice Faith". For more information and a more detailed description of the responsibilities, please contact Tricia Donhowe.

 **ENGAGING THE SPIRITUAL PRACTICES OF LENT AND THE THREE DAYS:**  
 Sunday, **March 5**, 3:00 pm - 5:30pm, Our Savior Lutheran Church, 745 Front Street S., Issaquah  
 In this workshop, participants will consider a newer (but actually much older) understanding of Lent and how Luther's Small Catechism offers a model for engaging spiritual practices that lead to the renewal of Christian life at Easter. This is a practical workshop that will give participants a number of practices to consider as we move into the season of Lent that culminates in the Three Days. You can expect a well-organized, engaging, and thoughtful time to reflect on what matters in Christian life -- all touched with a wry sense of humor. Dr. Samuel Torvend holds the University Chair in Lutheran Studies at PLU where he has been teaching for 18 years. He also serves as the associate for Adult Christian Formation at Christ Church in Tacoma. One of his most recent books touches on this workshop: *Flowing Water, Uncommon Birth: Christian Baptism in a post-Christian Culture* (Augsburg Fortress, 2011). The cost for the workshop is free, but please RSVP so we can make enough copies for those in attendance. RSVP to: office@oslciissaquah.org.

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### For Ash Wednesday, March 1

 Joel 2:1-2, 12-17; Psalm 51:1-17; 2 Corinthians 5:20b--6:10; Matthew 6:1-6, 16-21

#### Servers for March 1

*Presiding Minister:* Pastor James McEachran

*Altar Guild:*


*Acolyte:*

Gayle Rhymes, Karin Eklof

(7:00 pm) Livi Myhre

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### For Sunday, March 5: First Sunday in Lent

 Genesis 2:15-17; 3:1-7; Psalm 32; Romans 5:12-19; Matthew 4:1-11

#### Servers for March 5

*Presiding Minister:* Pastor James McEachran

*Greeters:*

*Assisting Ministers:*

(I) Joanne Baker

(I) Tom Getzinger (II) Allie Bland

(II) The Wilcox Family

*Communion Assistants:*

*Lector:*

(I) Judi Miller (II) Sharon Gurtel

(II) Shana Nielsen

*Acolytes:*

(I) Sydney Holmes (II) Sidney Cottrell

*Ushers:*

(I) George Miller, Brett Nelson

*Altar Guild:*

(II) Quinn Myhre, Mark Davis

Ruth Miller, Carolyn Haralson

*Coffee Hosts:*

Shirley Hobson, Delores Johnson

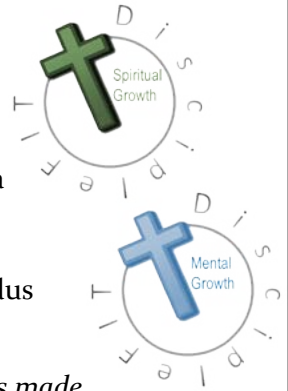
February 26, 2017

## Be DiscipleFIT in Epiphany

Everyone is invited to memorize one (or more!) of the verses below - use any translation you prefer. Recite the verse(s) to a member of the Communications Committee next Sunday, **March 5**, to receive a small prize! Youth may recite verses to their classroom teacher.

Members of the Communications Committee are:

Judi Miller, Ben Johnson, Roger Koskela, Kendra Mills, Susan Hegedus



This week's theme: **Salvation**

*The saving of the soul from sin and its consequences. Salvation is made possible by the life, death, and resurrection of Jesus.*

from the *New Revised Standard Version*

### Psalm 18:2

The LORD is my rock, my fortress, and my deliverer,  
my God, my rock in whom I take refuge,  
my shield, and the horn of my salvation, my stronghold.

### Luke 19:9

Then Jesus said to him (Zachaeus), "Today salvation has come to this house, because he too is a son of Abraham."

### Acts 4:12

There is salvation in no one else, for there is no other name under heaven given among mortals by which we must be saved.

### Romans 1:16

For I am not ashamed of the gospel; it is the power of God for salvation to everyone who has faith, to the Jew first and also to the Greek.

### Philippians 4:12

Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling.

### 1 Corinthians 15:54-57

When this perishable body puts on imperishability, and this mortal body puts on immortality, then the saying that is written will be fulfilled:

"Death has been swallowed up in victory."

"Where, O death, is your victory? Where, O death, is your sting?"

The sting of death is sin, and the power of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ.

# Baskets of Promise



This Lenten season, we are supporting Lutheran World Relief's *Baskets of Promise* appeal by collecting items used to assemble

### Personal Care Kits.

These kits are distributed around the world and help impoverished people stay healthy in life's most challenging situation.

**Our goal is to collect enough supplies to assemble 300 kits.**

Bring all donations to the basket in the Narthex.

*"[Jesus answered] As long as I am in the world, I am the light of the world."*

John 9:5 NRSV

## Our Collection Schedule:

**March 5**

**Bars of Soap**

(4 to 5 ounce, any brand, in original wrapping)



**March 12**

**Bath Towels**

(light-weight, maximum size 52" x 27", dark color)



**March 19**

**Toothbrushes**

(adult-size, in original packaging)



**March 26**

**Large, Sturdy Combs**

(no picks)



**April 2**

**Nail Clippers**

(metal, small or large, attached file optional)



**April 9 (Palm Sunday)**

**Bars of Soap**

(4 to 5 ounce, any brand, in original wrapping)

