

# Sixth Sunday after Pentecost

## GATHERING

*Please silence all electronic devices and prepare for worship.*

### PRELUDE

### CHANCEL CHAT

Dick Szabo, Visioning Workshops

### ANNOUNCEMENT OF THE DAY

Pastor McEachran

### HYMN

*Open Now Thy Gates of Beauty*

ELW Hymn 533

### CONFESSION AND FORGIVENESS

### APOSTOLIC GREETING

**A** The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**C** And also with you.

### KYRIE

ELW 155

### HYMN OF PRAISE

[Kevin Keil]

### PRAYER OF THE DAY

*(congregation is seated)*

### A TIME FOR LITTLE DISCIPLES

Pastor McEachran

*What do you want to be when you grow up?*

## WORD

### FIRST LESSON

Lamentations 3:22-26

**L** Word of God.

**C** Word of Life.

### RESPONSE

*Thy Word Is a Lamp*

### SECOND LESSON

2 Corinthians 8:8-15

**L** Word of God.

**C** Word of Life.

*(congregation stands)*

### GOSPEL ACCLAMATION *Alleluia, Alleluia, Give Thanks*

**P** The Good News of Jesus according to Mark.

**C** Glory to you, O Lord.

### GOSPEL

Mark 5:21-43

**P** The Gospel of the Lord.

**C** Praise to you, O Christ.

- C** Congregation
- A** Assisting Minister
- P** Pastor

**SERMON**

*Healed and Held*

Pastor McEachran

1. Urgent Care
2. Power to Heal --- Steadfast Love that is Life Renewing
3. Walking as One in the world --- Abundance never Deficit

**HYMN OF THE DAY**

ELW Hymn 610

*O Christ, the Healer, We Have Come*

**APOSTLES' CREED**

**A** We confess our faith in the words of the Apostles' Creed.

**C** I believe in God, the Father Almighty, Creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**THE PRAYERS**

**A** Hear us, O God.

**C** Your mercy is great.

**THE PEACE**

**P** The peace of the Lord be with you always.

**C** And also with you. *(shared in community)*

**OFFERING**

*Battle Hymn of the Republic*

[Julia Ward Howe,  
William Steffe]

Carl Nims, soloist

*(congregation stands)*

**OFFERTORY VERSE** *For the Fruit of All Creation*

ELW Hymn 679

**OFFERTORY PRAYER**

**M E A L**

**GREAT THANKSGIVING**

**SANCTUS**

**WORDS OF INSTITUTION**

**THE LORD'S PRAYER**

**C** Our Father in heaven, hallowed be your name,  
 your kingdom come, your will be done, on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of trial and deliver us from evil.  
 For the kingdom, the power, and the glory are yours,  
 now and forever. Amen.

*(congregation is seated)*

**LAMB OF GOD**

ELW Hymn 336

**COMMUNION DISTRIBUTION**

*Lord, Whose Love in Humble Service* ELW Hymn 712

*Let Justice Flow like Streams* ELW Hymn 717

*We Are Called* ELW Hymn 720

**POST-COMMUNION BLESSING**

**P** May the body and blood of our Lord and Savior Jesus Christ,  
 strengthen and keep you in God's loving grace, now and forever.

**C** Amen.

**POST-COMMUNION CANTICLE**


ELW Hymn 845

*Voices Raised to You*

**PRAYER**



**BLESSING**

**P** The Lord bless you and keep you. The Lord make his face shine on  
 you and be gracious to you. The Lord look upon you with favor and  
 give you peace, in the name of the Father, and of the  Son, and of  
 the Holy Spirit. *Numbers 6:24-26*

**C** Amen.

**CLOSING HYMN** *Guide Me Ever, Great Redeemer*

ELW Hymn 618

**A** Go in peace. The Spirit sends us forth to serve.

**C** Thanks be to God.

**POSTLUDE** *Overture: Music for the Royal Fireworks* [G.F. Handel]

## PARTICIPANTS

*Presiding Minister* Pastor James N. McEachran  
*Director of Music Ministries/Organist* Dr. Will Simpson  
*Assisting Minister* Dick Swaisgood  
*Communion Assistant* Celeste Ackerbloom  
*Acolyte* Gavin Johnson  
*Altar Guild* Janan Twito, Gayle Rhymes  
*Greeters* Deanna and Roger Oeffner  
*Lector* Deanna Oeffner  
*Ushers* Tom Anderson, Bill Brueggemann  
*Coffee Host* Stewardship Committee

## WELCOME to WORSHIP

**Welcome!**

## TODAY ~ JULY 1

### FELLOWSHIP

**BLOOD PRESSURE CHECK:** Come to Room 212 following the worship service. Health care professionals from Health and Wholeness Ministry will take your blood pressure and discuss concerns.

**FOOD BANK OFFERING:** We invite you to participate in our monthly offering for Hopelink through the pew envelope. Our monthly goal is \$500. Mark your checks for "Hopelink" on the memo line. Any non-perishable food donations can be placed in the Corner of Blessing in the Narthex.

**FELLOWSHIP FOLLOWING WORSHIP:** Sip, Nosh, Learn and Socialize. Please join us for Fellowship Hour following the Sunday church service. Various committees and groups at Saint Andrew's will host. While you enjoy coffee and treats, they'll share what their committee does. The presentations will be brief – allowing time for questions and time for summer socializing.

### SIGN-UP...

- |   |  |
|---|--|
| <p><input checked="" type="checkbox"/> to participate in or volunteer for Vacation Bible School, <b>July 9-13</b>. Information and forms are in the Narthex or at <a href="http://vbs.SALChome.org">vbs.SALChome.org</a>.</p> <p><input checked="" type="checkbox"/> for Dinner with Young Adults on <b>July 11</b>. Contact Carolyn McKenna.</p> <p><input checked="" type="checkbox"/> for the Congregation hike on <b>July 24</b>. Sign up in the Narthex.</p> <p><input checked="" type="checkbox"/> to attend the Compline service at St. Mark's Cathedral on <b>August 5</b>. Sign up in the Narthex.</p> | <p><input checked="" type="checkbox"/> for the Congregation hike on <b>August 7</b>. Sign up in the Narthex.</p> <p><input checked="" type="checkbox"/> for the Owlets Adventure to Bainbridge Island on <b>August 14</b>. Sign up in the Narthex or contact Sherry Grindleand, 425-746-2529 or <a href="mailto:sherry@SALChome.org">sherry@SALChome.org</a>.</p> <p><input checked="" type="checkbox"/> for the All Church Retreat to Mt. Rainier National Park <b>August 17-19</b>. Sign up in the Narthex or at <a href="http://retreat.SALChome.org">retreat.SALChome.org</a>.</p> |
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**THIS WEEK ~ JULY 2 - JULY 7****TUESDAY, JULY 3****TUESDAY MORNING MEN**

Every Tuesday, 6:30 am, Room 212

Facilitator: Dick Swaisgood

No matter what stage of life you're beginning, you can bet God has a plan for you. Tuesday Morning Men are reading and discussing "**Calling & Clarity: Discovering What God Wants for Your Life.**" Author Doug Koskela is the son of Saint Andrew's members, Kay Lynne and Roger Koskela. He is a professor of theology and associate dean for undergraduate studies at Seattle Pacific University. Come for coffee, conversation, and prayer.

**DORCAS CIRCLE:** The Dorcas Circle meets in 302/Fellowship Hall South on Tuesday, **July 3**, at 9:30 am. Everyone is welcome to join as we sew quilts, school bags, and complete other projects in response to those in need. We also welcome donations of fabric, sheets, crochet or embroidery thread, quilt batting, sewing supplies, and blankets.

**WEDNESDAY, JULY 4**

**OFFICE CLOSED:** Please note that the church office will be closed on Wednesday, **July 4**, in observance of Independence Day.

**NEXT SUNDAY ~ JULY 8****WORSHIP**

**SUMMER WORSHIP SCHEDULE:** Our summer worship schedule -- **one worship service at 9:30 am**, followed by a time of fellowship hosted by committees and groups -- continues through **September 2**.

**For Sunday, July 8: Seventh Sunday after Pentecost**

Ezekiel 2:1-5; Psalm 123; 2 Corinthians 12:2-10; Mark 6:1-13

**Servers for July 8***Presiding Minister:* Pastor James McEachran*Assisting Minister:* Dana Nasby*Communion Assistant:* Judy Gowdy*Acolyte:* Sonja Wetmore*Altar Guild:* Janan Twito, Jill Nichols-Hicks*Greeters:* Ann and Larry Berglind*Lector:* Brett Nelson*Ushers:* Curt and Lois Eckley*Coffee Hosts:*

Health and Wholeness Ministry Committee

**FELLOWSHIP****EQUAL EXCHANGE FAIRLY TRADED COFFEE**

**AND MORE:** Support our Global Outreach by purchasing fairly traded coffee, tea, hot cocoa, and chocolate bars (in the Narthex between services). By purchasing these items, you help the coffee and cocoa bean farmers in impoverished countries receive more money for their crops by eliminating the middle man's cut.

**KNITWITS (Knitting as Witnesses)**Sunday, **July 8**, 10:45 am

322/Conference Room

The KnitWits are a fellowship group whose primary mission is to provide items of comfort that are knit or crocheted. All are welcome to join us anytime! Contact Dianne Chong for more information.

## COMING UP

### FELLOWSHIP

#### **VACATION BIBLE SCHOOL (VBS): *God's Gardeners: Reduce, Reuse, Recycle, Respond***

Monday-Friday: **July 9–13, 2018**

- For 4-year-olds (birth date 9/1/2013 and 8/31/2014) through youth entering 7th grade.
- The cost is \$20 per student age 4 through grade 4, \$35 per student in grades 5-7, with a \$45 per family maximum.
- There are plenty of volunteer opportunities available!
- VBS will be held at Saint Andrew's and is co-sponsored by Saint Andrew's and Our Savior Lutheran Church in Issaquah.
- See the display and flyers in the Narthex for more information. Registration and volunteer forms are in the Narthex and online at [vbs.SALChome.org](http://vbs.SALChome.org).
- Questions? Contact Beth Donahoe or Mary Davis.

**VBS EXTENDED CARE:** Extended Care for the week of Vacation Bible School (**July 9-13**) is available from 7:00 am - 5:00 pm for members of Saint Andrew's. Extended care is intended for families whose parents work full time. Please refer to the extended care form in the Narthex for more information or contact Beth Donahoe or Mary Davis. Cost: \$100 per child.

**YOUNG ADULTS** (those who have graduated high school and older): Young adults of Saint Andrew's get together for dinner on the 2nd Wednesday of the month at 6:30 pm. Our next dinner is Wednesday, **July 11**, at Mod Pizza in the Overlake area (14309 NE 20th Street, Bellevue). Contact Carolyn McKenna by Monday, **July 9**, if you would like to join us.

**VISIONING WORKSHOPS:** These two workshops are the start of our visioning process...the process of putting clarity around where we are going...where God is taking us. But, this is just the start. We won't complete the process during these workshops. We will be creating very important groundwork on which we will build our vision...our plans for the future. This groundwork will be used to build each successive step of the process. So, it is important that we start with a good representation of all of us. Together we will build the groundwork for our future. Please, make every effort to attend these workshops and have your voice heard.

- **Workshop 1: Friday, July 13, 6:00 pm to 9:00 pm.** This workshop will focus on the uniqueness of Saint Andrew's: the community around us and its needs; the strengths and capabilities of our congregation; and what excites us and captures our passion. From this we will better understand through what kind of ministry can we make the greatest impact...where should Saint Andrew's focus it's ministry. Since this workshop starts at 6:00 pm, we will have a "picnic" meal of hotdogs. We will provide the hotdogs and condiments. If you can, please bring something to share to go with the hotdogs: fruit, veggies, salad, cookies, etc. We will have a light meal so no one is too hungry to focus on our work together.
- **Workshop 2: Saturday, July 14, 9:00 am to 11:30 am.** This workshop will build on the work of the first. It will start with the ideas of what we can do better than other churches, of where to focus our ministry for the greatest impact. It will build on these ideas to develop, with clarity, what our mission should be going forward. This clarity of our mission as a congregation will help guide us toward a vision for the future.

Child care will be provided for both workshops.

This visioning process represents the beginning of a larger congregational endeavor...to live into God's purpose for Saint Andrew's. After we work together to create this vision, then together we will live this vision.

**HOLDEN VILLAGE GATHERING UPDATE:**

Forty of the Saint Andrew's family are going to Holden Village **July 15-20**. For those who are signed up, read this!

- Boat Tickets: Make your reservation at the Lady of the Lake website at [www.ladyofthelake.com](http://www.ladyofthelake.com) or call 1-888-682-4584. The boats fill fast so do this now!
- Final Payment: Checks should be made out to Saint Andrew's Lutheran Church with Holden Trip on the subject line.
- Clothing, Meals, and What to Do At Holden: check out the Holden Village website at [www.holdenvillage.org](http://www.holdenvillage.org).

Questions? Contact Sherry Grindeland, [sherry@salchome.org](mailto:sherry@salchome.org) or 425-746-2529.

**POP-UP BIBLE STUDY: The Letter of James July 17, July 24, and July 31**

9:30 am, 322/Conference Room

Pastor McEachran will guide the reading of the Letter of James. Written by the brother of Jesus, James of Jerusalem, to a whole series of congregations, likely twelve of them, that were witnessing to their faith in Jesus.

Martin Luther called it a "letter of straw" worthy of burning since it seemed to emphasize works before faith. He was wrong! Come and join in this three week study. Bring your favorite translation and invite a friend in this adventure in digging in the Word.

**CONGREGATION HIKES:** We have two weekday hikes planned for nearby trails: Tuesday, **July 24**, and Tuesday, **August 7**. Times are to be determined. Sign up on the Narthex bulletin board.

*Note:* **Leaders are needed for both hikes.** Contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or [sherry@SALChome.org](mailto:sherry@SALChome.org) to volunteer or for questions.

**GOD SQUAD MISSION TRIP TO MONTANA**

- **PRAYERS:** Look for the good wishes insert in today's bulletin. Write a short message, share a prayer, draw a picture – anything you'd like. The messages will be distributed to our youth **July 21-28**, the week they are serving at the Blackfoot Indian Reservation in Montana. These messages mean a great deal to the youth. Drop your messages in the envelope on the Narthex bulletin board or in the church office
- **ENVELOPES:** The Mission Team thanks everyone who has purchased an envelope for Montana! We have reached our donation goal of \$5,050.
- **THE TEAM** welcomes your prayers as they continue to prepare their hearts to serve and learn on the Blackfeet Reservation: Jakob McInerney, Davis Carmichael, Torin Carmichael, Sydney Holmes, Isabel Weibel, Hannah Wilcox, Alaina Bland, David Wilcox, Sherry Grindeland.
- **MISSION TRIP SUNDAY:** Plan to be at church on Sunday, **August 26** - Mission Trip Sunday - as the team shares their experiences.

**COMPLINE:** Join us for a Compline Service at St. Mark's Episcopal Church on Sunday, **August 5**. We will meet at Saint Andrew's at 7:00 pm, head into Seattle for coffee, and then to St. Mark's. The service begins at 9:30 pm. The Compline is an evening service sung by the men's choir. Much of the music and many of the words will sound familiar. Hearing them in the gothic style cathedral can be a thrilling experience. Contact Fellowship Coordinator Sherry Grindeland, [sherry@SALChome.org](mailto:sherry@SALChome.org) or 425-746-2529, for further details and to coordinate car pools.

**OWLET ADVENTURE II - BAINBRIDGE**

**ISLAND:** Although the OWLS luncheons (Older, Wiser Lutheran Saints) take the summer off, the Owlets (*open to all ages*) focuses on adventures away from church. Join the Owlets for a trip to Bainbridge Island on Tuesday, **August 14**, to visit the Bainbridge Island Japanese American Exclusion Memorial. Clarence Moriwaki, who helped spearhead the founding of the memorial, was the guest speaker last November at O.W.L.S. In addition, we will tour the Bainbridge Island Historical Museum and explore downtown Winslow/Bainbridge Island and the renowned Central Market. We will leave church at approximately 9:30 am and return about 4:30 pm. Estimated cost will be \$20 plus lunch. Sign up on the Narthex bulletin board or contact Fellowship Coordinator Sherry Grindeland, sherry@salchome.org or 425-746-2529, to reserve a spot.

**ALL CHURCH RETREAT TO MOUNT RAINIER:**

Our annual All Church Retreat is Friday-Sunday, **August 17-19!** We have reserved a limited number of spots again at Cougar Rock Campground at Mt. Rainier National Park. Sign up to let us know you're coming, either in the Narthex or online at [www.retreat.SALChome.org](http://www.retreat.SALChome.org). For those who do not wish to tent camp, we recommend reserving an RV spot at Cougar Rock Campground or a room at the National Park Inn at Longmire, <https://www.mtrainierguestservices.com/accommodations/national-parkinn>. Reservations should be made **as soon as possible**. For information on Cougar Rock Campground go to <https://www.recreation.gov/camping/cougar-rock-campground>. Questions? Contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-747-2529.

**ONGOING OPPORTUNITIES**

**CORNER OF BLESSING/HOPELINK:** Each month, we collect food in the Corner of Blessing. All donations are given to Hopelink and help feed those in our community who are hungry. As part of Hopelink's End Summer Hunger program, they include some healthy snacks with the food they provide to the households with kids. So in **July**, we are collecting **individually packaged non-perishable healthy snacks**, such as granola bars, snacking nuts, trail mix, or fruit snacks. (Please no cookies, chips, candy or energy/protein type bars.) For more information, contact Debbie Szabo.

**LATTES FOR THE LORD:** Donations throughout the summer will help Hopelink ensure that kids on summer break have enough to eat when meals at school are not available. Thank you for your donations; so far we have given enough to provide food for 648 healthy meals. See page 10 for details.

**DORCAS CIRCLE NEEDS SHEETS:** Dorcas Circle uses sheets to back quilts that we create for Lutheran World Relief. We particularly appreciate colored sheets and sheets with patterns. New sheets and used sheets in good condition may be placed in the Dorcas collection basket in the Narthex. All sizes are welcome. Please contact Linda Willenberg if you have any questions.

**EASTSIDE BABY CORNER (EBC) - OPPORTUNITIES TO HELP:** People have requested more information on how to help this organization that supplies diapers, clothing, baby furniture and other things to needy and underserved families and where to donate things. New and gently used items can be donated at several EBC sites on the Eastside. Check the EBC website, [www.babycorner.org](http://www.babycorner.org), for specific locations and hours. Volunteers are needed for a variety of things. For more information go to [www.babycorner.org](http://www.babycorner.org).



**NEW! THE SOPHIA WAY - SUMMER INTERN**

**OPPORTUNITY:** The Sophia Way is a non-profit organization assisting women from homelessness to independence in Bellevue. This summer there is an opportunity for college age women and above to get experience working in the social work field as a volunteer intern for Sophia Way. There are two internships available: one working in the Sophia Way office helping with administrative and office work, and the other working in the Sophia Way Day Center interacting and helping with clients. The hours are flexible with a person's schedule but would be about 8-12 hours a week. This is an opportunity to learn about the social work field and gain experience and volunteer service school credits. If you are interested email Tara at Sophia Way at [tara@sophiaway.org](mailto:tara@sophiaway.org) and specify the internship opportunity. Questions? Contact Marlyn Thorpe.

**PROJECT BIHAR / LUTHERAN WORLD**

**RELIEF**

Bihar is a global mission multi-year outreach which engages us in significant outreach in Northeastern India, as part of a sponsored mission through Lutheran World Relief (LWR) and in collaboration with other churches. The goals of this mission are

- agricultural improvements,
- year-round food security for the family,
- empowering women in the community, and
- increasing incomes for families

See the bookmarks in the hymnals for stories of families in Bihar. You are welcome to take the bookmark with you.

Plan to come to the fellowship time following worship on **July 29**. Information and a video about current efforts in Bihar will be shared.

We welcome donations (please note "Bihar-LWR" on contributions.) Remember in prayer this continuing outreach ministry. The best source of updated information is at [www.lwr.org/bihar](http://www.lwr.org/bihar).

# LATTES for the LORD

## End Summer Hunger with Hopelink

hopelink

Thank you for donations that have provided enough food for **648 meals** so far!

**End Summer Hunger** is Hopelink's effort to ensure that kids on summer break have enough to eat when meals at school are not available.

### Two Facts:

- Over 15,000 students in Eastside school districts are enrolled in the Free and Reduced-Price Lunch program during the school year.
- A \$5 donation enables Hopelink to purchase enough healthy food to provide approximately 2 meals for children in need.

### One Response:

Our **Outreach and Servant Ministries and Stewardship Committees** offer a challenge and opportunity to be a part of the community response:

Most of us have a beverage stop of choice a few times a week. In doing so, we buy our favorite drink, and it may be the average price per trip is close to \$5.

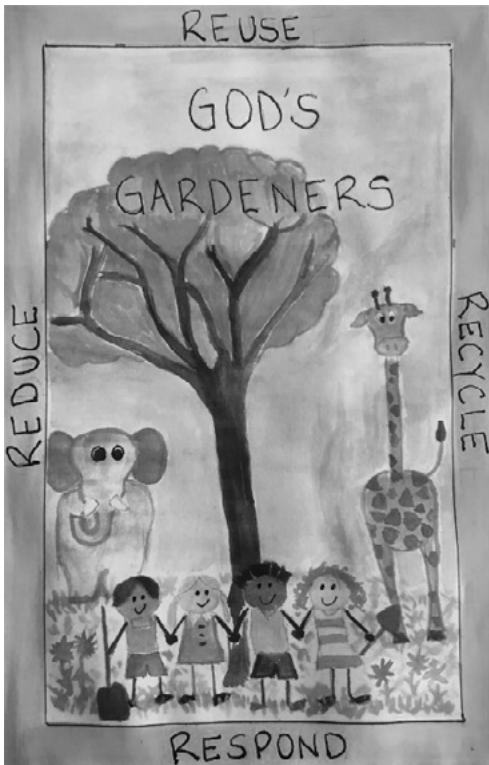
**We challenge you to contribute a like amount to the End Summer Hunger program.**

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**Let's heap the measure of our giving** to be a large movement in support of one of the core Outreach and Servant Values of our congregation.

We conclude on **September 9** with a celebration of thanksgiving for the blessing that no student is hungry during the summer months.

Contribute by **cash** or **check** (payable to Saint Andrew's) with "**LATTE**" noted on the contribution. **NEW!** You can now contribute via **text message**



# God's Gardeners: Reduce, Reuse, Recycle, Respond

**July 9-13, 2018**  
**9:00 am-12:00 pm**

Extended Care at Saint Andrew's is available from at 7:00 am-5:00 pm for members of Saint Andrew's. Extended care is intended for families whose parents work full time. Please refer to the extended care form for more information.  
Cost: \$100 per child.

Programs for 4-year-olds through entering 7th grade:

**4-year-olds:** Birth date between 9/1/2013 and 8/31/2014 (for VBS 2018)

**Students entering 5th, 6th, and 7th grade** will be involved in VBS Camp and will be leaving Saint Andrew's to various places in the area (transportation provided).

<b>Costs</b>	<b>Before July 1</b>	<b>After July 1</b>
4-year-olds to 4th Grade	\$15	\$20
Camp (5th-7th Grade)	\$25	\$35
Family maximum	\$35	\$45

*Financial assistance available upon request.*

*Complete a VBS Registration form found in the Narthex and return it to the VBS box in the Narthex with payment*

*Or complete the Online form found at [vbs.salchome.org](http://vbs.salchome.org)*

VBS is co-sponsored by Saint Andrew's and Our Savior Lutheran Churches.

*Questions?*

*Contact Saint Andrew's Lutheran Church's Director of Discipleship Ministries, Emily Harrow (Emily@salchome.org or 425-746-2529)*

*If you are interested in VOLUNTEERING, complete a form in the Narthex or online.*