

# Eleventh Sunday after Pentecost

## GATHERING

*Please silence all electronic devices and prepare for worship.*

**PRELUDE**

*A Mighty Fortress*

[Martin Luther,  
arr. By Tim Rumsey]

Mary Davis, trumpet

**CHANCEL CHAT**

Kurt Lutterman

**ANNOUNCEMENT OF THE DAY**

Pastor McEachran

**HYMN**

*O God of Wisdom, Help Us Build*

[Herman Stuempfle]

**CONFESSION AND FORGIVENESS**

**APOSTOLIC GREETING**

**A** The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**C** And also with you.

**KYRIE**

**HYMN OF PRAISE**

**PRAYER OF THE DAY**

*(congregation is seated)*

**SACRAMENT OF HOLY BAPTISM**

Amy and Ike Himowitz present their child to receive the Sacrament of Holy Baptism. Sponsors are Jason Jukam and Carley Dix.

**A TIME FOR LITTLE DISCIPLES** *Lunch for 5000* Pastor McEachran

## WORD

**FIRST LESSON**

Exodus 16:1-12

**L** Word of God.

**C** Word of Life.

**PSALM 11**

*(spoken responsively: A Assisting Minister; C Congregation)*

**SECOND LESSON**

Ephesians 4:1-6

**L** Word of God.

**C** Word of Life.

*(congregation stands)*

**GOSPEL ACCLAMATION**

**C** Congregation  
**A** Assisting Minister  
**P** Pastor

**Today's Theme**

Growing Forward is the way for maturity in the Faith. We are called to know Jesus more deeply and more clearly.

Today continues a three week sermon series on John 6. This chapter begins a new section in the Gospel in which the writer calls those who hear and read the words to place complete trust in the One that God has sent into the world. Listen to words of promise to those who place their confidence in the One sent from God, Jesus the Word who is the redeemer and sender of those doing His work.

**P** The Good News of Jesus according to John.  
**C** **Glory to you, O Lord.**

**GOSPEL**

John 6:22-40

**P** The Gospel of the Lord.  
**C** **Praise to you, O Christ.**

**SERMON**

*With Jesus --- The Bread of Life*

Pastor McEachran

1. Last week: Believing and Receiving.
2. Setting the Table: Search for Jesus.
3. OK, what must we do to be doing the will of God?
4. Getting to the Heart of the Matter, or, What matters?  
    “Sir, give us this bread.”
5. Here and Now – Raised Up to be in Mission

**HYMN OF THE DAY** *O Bread of Life from Heaven*

ELW Hymn 480

**THE PRAYERS**

**A** Hear us, O God.  
**C** **Your mercy is great.**

**THE PEACE**

**P** The peace of the Lord be with you always.  
**C** **And also with you.**

*(shared in community)*

**OFFERING**

*Amazing Grace*  
Mary Davis, trumpet

[Paul Haack]

*(congregation stands)*

**OFFERTORY VERSE**

**OFFERTORY PRAYER**

**M E A L**

**GREAT THANKSGIVING**

**SANCTUS**

**EUCCHARISTIC PRAYER**

**THE LORD'S PRAYER**

**C** **Our Father in heaven, hallowed be your name,  
    your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
    now and forever. Amen.**

*(congregation is seated)*

**LAMB OF GOD**

**COMMUNION DISTRIBUTION***I Am the Bread of Life* [Suzanne Toolan]

Erin Simpson, soloist

*Eat This Bread, Drink This Cup* ELW Hymn 492*Borning Cry* ELW Hymn 732**POST-COMMUNION BLESSING**


**P** May the body and blood of our Lord and Savior Jesus Christ, strengthen and keep you in God's loving grace, now and forever.

**C** Amen.

**POST-COMMUNION CANTICLE****PRAYER**

**S E N D I N G**

**BLESSING**

**P** The Lord bless you and keep you. The Lord make his face shine on you and be gracious to you. The Lord look upon you with favor and give you peace, in the name of the Father, and of the  Son, and of the Holy Spirit. *Numbers 6:24-26*

**C** Amen.

**CLOSING HYMN**      *Baptized and Set Free*      ELW Hymn 453

**A** Go in peace. The Spirit sends us forth to serve.

**C** Thanks be to God.

**POSTLUDE**      *Festival Postlude on Old Hundredth*      [Walter L. Pelz]  
                                  *for Trumpet and Organ*  
                                  Mary Davis, Trumpet

**PARTICIPANTS**

*Presiding Minister* Pastor James N. McEachran

*Director of Musci Ministries/Organist* Dr. Will Simpson

*Assisting Minister* Sue Short

*Communion Assistant* Celeste Ackerbloom

*Acolyte* Ian Maland

*Altar Guild* Karen Grams, Gayle Rhymes

*Greeters* Deanna and Roger Oeffner

*Lector* Deanna Oeffner

*Ushers* Joan Tweten, Janan Twito

*Coffee Hosts* KnitWits (Knitting as Witnesses)

**TODAY ~ AUGUST 5****FELLOWSHIP**

**SANCTUARY PEWS:** The floor in the Sanctuary will be refinished beginning tomorrow, Monday, **August 6**.

- Ten (or more!) volunteers are needed to move pews out of the Sanctuary following worship today. It should take about an hour.
- To prepare to remove the pews, please note that the bolts fastening the pews to the hardwood floor have been removed. Please take care when moving in and out of these pews.

**BLOOD PRESSURE CHECK:** Come to Room 212 following the 9:30 am worship service. Health care professionals from Health and Wholeness Ministry will take your blood pressure and discuss concerns.

**FELLOWSHIP FOLLOWING WORSHIP:** Sip, Nosh, Learn and Socialize. Please join us for Fellowship Hour following the Sunday church service. Various committees and groups at Saint Andrew's host. While you enjoy coffee and treats, they'll share what their committee does. The presentations will be brief – allowing time for questions and time for summer socializing.

**SIGN-UP...**

- for the Congregation hike on **August 7**. Sign up in the Narthex.
- for Dinner with Young Adults on **August 8**. Contact Carolyn McKenna.
- to attend the Compline service at St. Mark's Cathedral on **August 12**. Sign up in the Narthex.
- for the Owlets Adventure to Bainbridge Island on **August 14**. Sign up in the Narthex or contact Sherry Grindeland, 425-746-2529 or sherry@SALChome.org.
- for the All Church Retreat to Mt. Rainier National Park **August 17-19**. Sign up in the Narthex or at retreat.SALChome.org.

**THIS WEEK ~ AUGUST 6 - AUGUST 11****MONDAY-SATURDAY, AUGUST 6-11**

**SANCTUARY FLOOR REFINISHING:** The floor in the Sanctuary will be refinished beginning tomorrow, **August 6**. Access to the Sanctuary will be limited for the entire week.

**TUESDAY, AUGUST 7****TUESDAY MORNING MEN**

Every Tuesday, 6:30 am, Room 212  
Facilitator: Dick Swaisgood  
We have started on a reading of the Gospel of **Mark**. This is the first Gospel written which shows Jesus as a man of power and redemption. Invite a friend and bring your favorite translation as we dig into the Word of God.

**CONGREGATION HIKE:** We have a hike planned for a nearby trail on Tuesday, **August 7**. Time is to be determined. Sign up on the Narthex bulletin board.  
**Note: A leader is needed for this hike.**  
Contact Sherry Grindeland, 425-746-2529 or sherry@SALChome.org with questions.

**POP-UP BIBLE STUDY: The Letter of James****August 7**

9:30 am, 322/Conference Room

Pastor McEachran guides the reading of the Letter of James. Written by the brother of Jesus, James of Jerusalem, to a whole series of congregations, likely twelve of them, that were witnessing to their faith in Jesus. Martin Luther called it a "letter of straw" worthy of burning since it seemed to emphasize works before faith. He was wrong! Our three week study concludes this week. Bring your favorite translation and invite a friend in this adventure in digging in the Word.

**DORCAS CIRCLE:** The Dorcas Circle meets in 302/Fellowship Hall South on Tuesday, **August 7**, at 9:30 am. New people are always welcome to join as we sew quilts, school bags, and complete other projects in response to those in need. We also welcome donations of fabric, sheets, crochet or embroidery thread, quilt batting, sewing supplies, and blankets.

**DORCAS CIRCLE POTLUCK:** On Tuesday, **August 7**, at 11:45 am, Dorcas Circle will have a potluck lunch in 301/Fellowship Hall North. All members of the congregation are welcome to join us to learn more about the work that we do, including making quilts for Lutheran World Relief and collecting items for Compass Housing Alliance. You do not need to RSVP; Just bring a potluck dish to share and come and enjoy. If you have questions, please contact Linda Willenberg.

**WEDNESDAY, AUGUST 8**

**CARPET CLEANING:** Carpets throughout the building will be cleaned beginning **August 8**.

**YOUNG ADULTS** (those who have graduated high school and older): Young adults of Saint Andrew's get together for dinner on the 2nd Wednesday of the month at 6:30 pm. Our next dinner is Wednesday, **August 8**, at Tutta Bella in Crossroads (15600 NE 8th Street, Suite J1, Bellevue). Contact Carolyn McKenna by Monday, **August 6**, if you would like to join us.

**THURSDAY, AUGUST 9**

**SANCTUARY PEWS:** Volunteers are needed to return the pews to the Sanctuary and bolt them to the floor. Meet in the Sanctuary on Thursday, **August 9**, at 7:00 pm.

**NEXT SUNDAY ~ AUGUST 12****WORSHIP**

**SUMMER WORSHIP SCHEDULE:** Our summer worship schedule -- **one worship service at 9:30 am**, followed by a time of fellowship hosted by committees and groups -- continues through **September 2**.


**For Sunday, August 12: Twelfth Sunday after Pentecost**

1 Kings 19:4-8; Psalm 34:1-8; Ephesians 4:25--5:2; John 6:41-71

**Servers for August 12**
*Presiding Minister:* Pastor James McEachran

*Assisting Minister:* Dick Swaisgood

*Communion Assistant:* Jan Bowerman

*Acolyte:* Abby Kasper

*Altar Guild:* CJ Tatum, Carolyn Haralson

*Greeters:* Diane and Andy Hogle

*Lector:* Bev Anderson

*Ushers:* The Kasper/McInerney Family

*Coffee Hosts:* Saint Andrew's Men

**FELLOWSHIP**
**EQUAL EXCHANGE FAIRLY TRADED COFFEE**

**AND MORE:** Support our Global Outreach by purchasing fairly traded coffee, tea, hot cocoa, and chocolate bars (in the Narthex between services). By purchasing these items, you help the coffee and cocoa bean farmers in impoverished countries receive more money for their crops by eliminating the middle man's cut.

**FELLOWSHIP FOLLOWING WORSHIP:** The Saint Andrew's Men (SAM) will be serving biscuits and sausage gravy...plan to stay following worship next Sunday for good food and fellowship!

**KNITWITS (Knitting as Witnesses)**

Sunday, **August 12**, 10:45 am  
322/Conference Room

The KnitWits are a fellowship group whose primary mission is to provide items of comfort that are knit or crocheted. All are welcome to join us anytime! Contact Dianne Chong for more information.

**GOOD START BACK TO SCHOOL:** Once again the congregation is supporting the Congregations for Kids Good Start Back to School Drive. School supplies are being collected through Sunday, **August 12** in the box located in the Narthex. See pages 10-11 for the list of needed items. Thank you for supporting this drive so that children can begin school with some of the tools needed to be successful.

**COMPLINE...INCLUDING AN INSIDE**

**LOOK:** Join us for an inside look at the St. Mark's Compline service, courtesy of one of the singers, Fred McIlroy. He is the son-in-law of Kathryn and Bill Brueggemann. Meet at Saint Andrew's at 7:00 pm on Sunday, **August 12**. We will head into Seattle for coffee and then go to St. Mark's for an 8:45 pm presentation by Fred and to reserve our seats for the popular service that begins at 9:30 pm.

The Compline is an evening service sung by the men's choir. Much of the music and many of the words will sound familiar. Hearing them in the gothic style cathedral can be a thrilling experience.

Sign up on the bulletin board in the Narthex or contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-746-2529, for further details and to coordinate car pools.

## COMING UP

### FELLOWSHIP

#### **OWLET ADVENTURE II - BAINBRIDGE**

**ISLAND:** Although O.W.L.S. luncheons (Older, Wiser Lutheran Saints) take the summer off, the Owlets (*open to all ages*) focus on adventures away from church. Join the Owlets for a trip to Bainbridge Island on Tuesday, **August 14**, to visit the Bainbridge Island Japanese American Exclusion Memorial. Clarence Moriwaki, who helped spearhead the founding of the memorial, was the guest speaker last November at O.W.L.S. In addition, we will tour the Bainbridge Island Historical Museum and explore downtown Winslow/Bainbridge Island and the renowned Central Market. We will leave church at approximately 9:30 am and return about 4:30 pm. Estimated cost is \$20 plus lunch. Sign up on the Narthex bulletin board or contact Fellowship Coordinator Sherry Grindeland, sherry@salchome.org or 425-746-2529, to reserve a spot.

#### **TIMBER RIDGE WORSHIP GATHERING:**

Several members of Saint Andrew's and Our Savior Lutheran Church in Issaquah live at Timber Ridge in Issaquah. Pastor McEachran and Pastor Wes Telyea from Our Savior will lead worship gatherings at Timber Ridge on the third Wednesday of the month, at 1:00 pm in Multi-Purpose Room A. Our next worship gathering, led by Pastor Telyea, is **August 15**. All are invited (members and friends of Saint Andrew's - whether you live at Timber Ridge or not!). Inquire at the front desk to Timber Ridge when you arrive and they will direct you to the room location.

**CONGREGATION DIRECTORY:** We plan to include a congregation directory in the fall mailing, and would love to have everyone's information up-to-date. If your address, phone number, email, or other family information has changed, please send your updates to Office Administrator Mary Mills, mary@SALChome.org or 425-746-2529, no later than Wednesday, **August 15**.

#### **ALL CHURCH RETREAT TO MOUNT RAINIER:**

Our annual All Church Retreat is Friday-Sunday, **August 17-19!** We have reserved a limited number of spots again at Cougar Rock Campground at Mt. Rainier National Park. Sign up to let us know you're coming, either in the Narthex or online at [www.retreat.SALChome.org](http://www.retreat.SALChome.org). For those who do not wish to tent camp, we recommend reserving an RV spot at Cougar Rock Campground or a room at the National Park Inn at Longmire, <https://www.mtrainierguestservices.com/accommodations/national-parkinn>. Reservations should be made **as soon as possible**. For information on Cougar Rock Campground go to <https://www.recreation.gov/camping/cougar-rock-campground>. Questions? Contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-747-2529.

**MISSION TRIP SUNDAY:** Plan to be at church on Sunday, **August 26** - Mission Trip Sunday - as the team shares their experiences.

- The Montana Mission Team thanks everyone who wrote notes of prayer and encouragement to our youth. We shared the notes each evening as our group met for some quiet time and prayers. Your written support meant a great deal to our Team - Hannah Wilcox, Isabel Weibel, Alaina Bland, Jakob McInerney, Torin Carmichael, Davis Carmichael, David Wilcox, and Sherry Grindeland.

## ONGOING OPPORTUNITIES

**DISASTER RELIEF:** Many wildfires are burning throughout the United States. Donations to Lutheran Disaster Response designated for "U.S. Wildfires" will be used to help those affected by fires, providing immediate and long-lasting support. Contributions can go directly to ELCA Disaster Response (information is at <https://community.elca.org/uswildfires>) OR to Saint Andrew's (please note "Wildfire" on the donation). Please pray for all who have been affected by the wildfires, for all who are fighting the fires, and for those caring for affected communities.

**CORNER OF BLESSING/HOPELINK:** Each month, we collect food in the Corner of Blessing. All donations are given to Hopelink and help feed those in our community. As part of Hopelink's End Summer Hunger program, they include some healthy snacks with the food they provide to the households with kids. In **August**, we are collecting **individual size beverages** (16 ounce or smaller) – **juice, soda, seltzer water**, etc. (Please no drinking water; they get plenty of that.) We are taking the food from the Corner of Blessing to Hopelink throughout the month so that they can use the snacks to help end summer hunger. For more information, contact Debbie Szabo.

**LATTES FOR THE LORD:** Donations throughout the summer will help Hopelink ensure that kids on summer break have enough to eat when meals at school are not available. Thank you for your donations; so far we have given enough to provide food for **1303 healthy meals**. See page 9 for details.

**FOOD BANK OFFERING:** We invite you to participate in our monthly offering for Hopelink through the pew envelope. Our monthly goal is \$500. Mark your checks for "Hopelink" on the memo line. Any non-perishable food donations can be placed in the Corner of Blessing in the Narthex.

**COMMUNION BREAD:** Everyone is invited to bake bread used in the Eucharist on Sunday mornings. You can sign up online for a specific Sunday (**the sign-up for all of 2018 is available**.) Links to the sign-up and to the recipe for Luther Bread can be accessed on the Saint Andrew's website: [www.worship.SALChome.org](http://www.worship.SALChome.org). Contact coordinator Jill Nichols-Hicks for more information.

**SCHOLARSHIP NEEDS FOR STUDENTS IN TANZANIA:** Scholarships are needed for 35 new Form One students at MaaSAE Girls Lutheran Secondary School (MGLSS), an increase of 10 students from previous years due to current needs. We continue to also need funding for the MGLSS Post-Secondary Scholarship fund, used for the students who qualified for university study. **ANY AMOUNT** given is helpful. Make contributions by check to "Saint Andrew's" with "MGLSS or MGLSS Post-Secondary Scholarship" in the memo line. Funds will be forwarded to Operation Bootstrap Africa (OBA).



# LATTES for the LORD

## End Summer Hunger with Hopelink

hopelink

**End Summer Hunger** is Hopelink’s effort to ensure that kids on summer break have enough to eat when meals at school are not available.

### Two Facts:

- Over 15,000 students in Eastside school districts are enrolled in the Free and Reduced-Price Lunch program during the school year.
- A \$5 donation enables Hopelink to purchase enough healthy food to provide approximately 2 meals for children in need.

### One Response:

Our **Outreach and Servant Ministries and Stewardship Committees** offer a challenge and opportunity to be a part of the community response:

Most of us have a beverage stop of choice a few times a week. In doing so, we buy our favorite drink, and it may be the average price per trip is close to \$5.

**We challenge you to contribute a like amount to the End Summer Hunger program.**

**Let’s heap the measure of our giving** to be a large movement in support of one of the core Outreach and Servant Values of our congregation.

Thank you for donations that have provided enough food for **1303 meals** so far!

*We conclude on **September 9** with a celebration of thanksgiving for the blessing that no student is hungry during the summer months.*

Contribute by **cash** or **check** (payable to Saint Andrew’s) with “**LATTE**” noted on the contribution.

NEW! You can now contribute via **text message**: text 425-970-9567 with the word “**LATTE**” and the amount to be donated.



*Bellevue congregations and local organizations helping  
Bellevue Public School children and their families*

## **GOOD START BACK TO SCHOOL**

**Goal:** To provide a “Good Start Back to School” for 1450 Bellevue school children from low income families through donations of new backpacks and school supplies

**How:**

- 1) Shop for supplies, using this updated list (see next page)
- 2) Make a donation via check payable to “Saint Andrew’s” and clearly marked “CFK Back to School” or payable to “Congregations for Kids/EISCC”. These will be used to buy additional supplies.

Bring items to the collection box in the Narthex, now through August 12, 2018

Contact for Questions: Carolyn Haralson



**Help a child make a  
Good Start Back to School!  
Thank You!!!**

## **Congregations for Kids 2018 Needed Back to School Supplies**

### **Sturdy Backpacks for all grade levels**

- **no slings or wheels**
- **padded backs for grade 4 through High School**
- **for Middle School and High School:**  
    **large size, with laptop compartments (no red backpacks)**
- **for High School, solid colors only**

### **Composition Books (Wide Rule)**

**Crayons (Sets of 24)**

**Dividers (Sets of 5-8)**

**Erasers (Standard Size Pink)**

**Markers, Boxes of 10, Thin, Non-Washable, Crayola Classic Colors**

**Markers, Boxes of 8-10, Wide, Washable, Crayola Classic Colors**

**Markers, Expo Dry Erase Chisel Tip Black**

**Paper (Lined Wide Rule)**

**Pencils, Sets of 10-12 (Ticonderoga Brand only)**

**Pencils, Colored, Boxes of 12 (Crayola Brand)**

**Scissors, 5" Pointed (Fiskars Brand only)**

**Scissors, 6" Pointed (Fiskars Brand only)**

**Spiral Notebooks (Wide rule, 70-page Single Subject)**

**USB Flash Drives, 8GB+**

*Please: No gift cards*

**Checks made payable to Saint Andrew's clearly marked "CFK Back to School"**

**or**

**checks made payable to Congregations for Kids/EISCC**

**[www.congregations4kids.org](http://www.congregations4kids.org)**

**Please check with your employer about matching gifts  
to Congregations for Kids**