

# Twelfth Sunday after Pentecost

## GATHERING

*Please silence all electronic devices and prepare for worship.*

**PRELUDE** *I Need Thee Every Hour* [Clay Christansen]

**ANNOUNCEMENT OF THE DAY** Pastor McEachran

**HYMN** *Rejoice in the Lord!* [Herman Stuempfle]

**CONFESSION AND FORGIVENESS**

**APOSTOLIC GREETING**

**A** The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**C** And also with you.

**KYRIE**

**HYMN OF PRAISE**

**PRAYER OF THE DAY**

*(congregation is seated)*

**A TIME FOR LITTLE DISCIPLES** *Words Help* Pastor McEachran

## WORD

**FIRST LESSON** 1 Kings 19:4-8

**L** Word of God.

**C** Word of Life.

**PSALM 32** *(spoken responsively: A Assisting Minister; C Congregation)*

**SECOND LESSON** Ephesians 4:25--5:2

**L** Word of God.

**C** Word of Life.

*(congregation stands)*

**GOSPEL ACCLAMATION**

**P** The Good News of Jesus according to John.

**C** Glory to you, O Lord.

**GOSPEL** John 6:41-51, 60-71

**P** The Gospel of the Lord.

**C** Praise to you, O Christ.

**C** Congregation  
**A** Assisting Minister  
**P** Pastor

### Today's Theme

Growing Forward is the way for maturity in the Faith. We are called to know Jesus more deeply and more clearly.

Today concludes a three week sermon series on John 6. This chapter begins a new section in the Gospel in which the writer calls those who hear and read the words to place complete trust in the One that God has sent into the world. Listen to words of promise to those who place their confidence in the One sent from God, Jesus the Word who is the redeemer and sender of those doing His work.

**SERMON***With Jesus --- The Bread of Life* Pastor McEachran

1. Who is Jesus? The Word
2. What is Jesus? The One Sent
3. What Must We Do? Receive and Believe
4. What is Truth? Give Me Jesus
5. Growing Forward...What is Next?

**HYMN OF THE DAY** *To Whom, Lord, Shall We Go* [Herman Stuempfle]**APOSTLES' CREED****A** We confess our faith in the words of the Apostles' Creed.**C** I believe in God, the Father Almighty, Creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**THE PRAYERS****A** Hear us, O God.**C** Your mercy is great.**THE PEACE****P** The peace of the Lord be with you always.**C** And also with you. *(shared in community)***OFFERING***Give Me Jesus* [African-American Spiritual, arranged by Moses Hogan]

Anna McLeod, soloist

*In the morning when I rise, in the morning when I rise,  
in the morning when I rise, give me Jesus.*

*Give me Jesus, give me Jesus. You may have all the rest, give me Jesus.*

*Dark midnight was my cry, dark midnight was my cry,  
dark midnight was my cry, give me Jesus.*

*Just about the break of day, just about the break of day,  
just about the break of day, give me Jesus.*

*Oh, when I come to die, oh, when I come to die,  
oh, when I come to die, give me Jesus.*

*And when I want to sing, and when I want to sing,  
and when I want to sing, give me Jesus.*

*(congregation stands)***OFFERTORY VERSE****OFFERTORY PRAYER**

**M E A L****GREAT THANKSGIVING****SANCTUS****EUCCHARISTIC PRAYER****THE LORD'S PRAYER**

- C** Our Father in heaven, hallowed be your name,  
 your kingdom come, your will be done, on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of trial and deliver us from evil.  
 For the kingdom, the power, and the glory are yours,  
 now and forever. Amen.


*(congregation is seated)***LAMB OF GOD****COMMUNION DISTRIBUTION**

*Word of God, Come Down on Earth* ELW Hymn 510  
*Break Now the Bread of Life* ELW Hymn 515

**POST-COMMUNION BLESSING**

- P** May the body and blood of our Lord and Savior Jesus Christ,  
 strengthen and keep you in God's loving grace, now and forever.  
**C** Amen.

**POST-COMMUNION CANTICLE****PRAYER****S E N D I N G****BLESSING**

- P** The Lord bless you and keep you. The Lord make his face shine on  
 you and be gracious to you. The Lord look upon you with favor and  
 give you peace, in the name of the Father, and of the  Son, and of  
 the Holy Spirit. *Numbers 6:24-26*  
**C** Amen.

**CLOSING HYMN** *On What Has Now Been Sown* ELW Hymn 550

- A** Go in peace. The Spirit sends us forth to serve.  
**C** Thanks be to God.

**POSTLUDE** *Trumpet Tune and Air* [Henry Purcell]

## PARTICIPANTS

*Presiding Minister* Pastor James N. McEachran  
*Director of Musci Ministries/Organist* Dr. Will Simpson  
*Assisting Minister* Dick Swaisgood  
*Communion Assistant* Jan Bowerman  
*Acolyte* Abby Kasper  
*Altar Guild* CJ Tatum, Carolyn Haralson  
*Greeters* Diane and Andy Hogle  
*Lector* Bev Anderson  
*Ushers* Brady Kasper, Quinlan Kasper  
*Coffee Hosts* Saint Andrew's Men

## TODAY ~ AUGUST 12

### FELLOWSHIP

#### **EQUAL EXCHANGE FAIRLY TRADED COFFEE**

**AND MORE:** Support our Global Outreach by purchasing fairly traded coffee, tea, hot cocoa, and chocolate bars (in the Narthex between services). By purchasing these items, you help the coffee and cocoa bean farmers in impoverished countries receive more money for their crops by eliminating the middle man's cut.

**FELLOWSHIP FOLLOWING WORSHIP:** Sip, Nosh, Learn and Socialize. Please join us for Fellowship Hour following the Sunday church service. Various committees and groups at Saint Andrew's host. While you enjoy coffee and treats, they'll share what their committee does. The presentations will be brief – allowing time for questions and time for summer socializing.

**Today,** The Saint Andrew's Men (SAM) are serving biscuits and sausage gravy.

#### **KNITWITS (Knitting as Witnesses)**

Sunday, **August 12**, 10:45 am  
322/Conference Room

The KnitWits are a fellowship group whose primary mission is to provide items of comfort that are knit or crocheted. All are welcome to join us anytime! Contact Dianne Chong for more information.

#### **COMPLINE...INCLUDING AN INSIDE**

**LOOK:** Join us for an inside look at the St. Mark's Compline service, courtesy of one of the singers, Fred McIlroy. He is the son-in-law of Kathryn and Bill Brueggemann. Meet at Saint Andrew's at 7:00 pm on Sunday, **August 12**. We will head into Seattle for coffee and then go to St. Mark's for an 8:45 pm presentation by Fred and to reserve our seats for the popular service that begins at 9:30 pm.

The Compline is an evening service sung by the men's choir. Much of the music and many of the words will sound familiar. Hearing them in the gothic style cathedral can be a thrilling experience. Sign up on the bulletin board in the Narthex or contact Fellowship Coordinator Sherry Grindeland, sherry@SALChome.org or 425-746-2529, for further details and to coordinate car pools.

**GOOD START BACK TO SCHOOL:** Once again the congregation has supported the Congregations for Kids Good Start Back to School Drive. Thank you for your donations that will enable children begin school with some of the tools needed to be successful. If you are interested in volunteering to pack backpacks, contact Carolyn Haralson.

## SIGN-UP....

- to attend the Compline service at St. Mark's Cathedral TODAY, **August 12**. Sign up in the Narthex.
- for the All Church Retreat to Mt. Rainier National Park **August 17-19**. Sign up in the Narthex or at retreat.SALChome.org.
- for the Owlets Adventure to Bainbridge Island on **August 14**. Sign up in the Narthex or contact Sherry Grindleand, 425-746-2529 or sherry@SALChome.org.
- for Dinner with Young Adults on **September 12**. Contact Carolyn McKenna.

## THIS WEEK ~ AUGUST 13 - AUGUST 18

## TUESDAY, AUGUST 14

**TUESDAY MORNING MEN**

Every Tuesday, 6:30 am, Room 212

Facilitator: Dick Swaisgood

We have started on a reading of the Gospel of **Mark**. This is the first Gospel written which shows Jesus as a man of power and redemption. Invite a friend and bring your favorite translation as we dig into the Word of God.

**OWLET ADVENTURE II - BAINBRIDGE ISLAND:**

**CHANGE IN TIME!** Meet at **8:30 am** for our Bainbridge Trip. Due to the ferry schedule, we need to leave church no later than 8:45 am.

Although O.W.L.S. luncheons (Older, Wiser Lutheran Saints) take the summer off, the Owlets (**open to all ages**) focus on adventures away from church. Join the Owlets for a trip to Bainbridge Island on Tuesday, **August 14**, to visit the Bainbridge Island Japanese American Exclusion Memorial. Clarence Moriwaki, who helped spearhead the founding of the memorial, was the guest speaker last November at O.W.L.S. In addition, we will tour the Bainbridge Island Historical Museum and explore downtown Winslow/Bainbridge Island and the renowned Central Market. We will return about 4:30 pm. Estimated cost is \$20 plus lunch. Sign up on the Narthex bulletin board or contact Fellowship Coordinator Sherry Grindleand, sherry@salchome.org or 425-746-2529, to reserve a spot.

## WEDNESDAY, AUGUST 15

**TIMBER RIDGE WORSHIP GATHERING:**

Several members of Saint Andrew's and Our Savior Lutheran Church in Issaquah live at Timber Ridge in Issaquah. Pastor McEachran and Pastor Wes Telyea from Our Savior will lead worship gatherings at Timber Ridge on the third Wednesday of the month, at 1:00 pm in Multi-Purpose Room A. Our next worship gathering, led by Pastor Telyea, is **August 15**. All are invited (members and friends of Saint Andrew's - whether you live at Timber Ridge or not!). Inquire at the front desk to Timber Ridge when you arrive and they will direct you to the room location.

**CONGREGATION DIRECTORY:** We plan to include a congregation directory in the fall mailing, and would love to have everyone's information up-to-date. If your address, phone number, email, or other family information has changed, please send your updates to Office Administrator Mary Mills, mary@SALChome.org or 425-746-2529, no later than Wednesday, **August 15**.

## FRIDAY-SUNDAY, AUGUST 17-19

**ALL CHURCH RETREAT TO MOUNT RAINIER:** There is room for a couple more tents at the Saint Andrew's All-Church Retreat Friday-Sunday, **August 17-19**, at the Cougar Rock Campground at Mt. Rainier National Park. Enjoy the company of family and friends as we celebrate our theme: *Moving Forward in Our Faith: Getting to Know God and One Another*. Sign up in the Narthex or online at [www.retreat.SALChome.org](http://www.retreat.SALChome.org) by Monday morning, August 13 – food assignments will be sent out that afternoon.

If you don't want to camp but want to be part of the retreat, you may be able to find a room at <https://www.mtrainierguestservices.com/accommodations/national-parkinn> or at an area hotel. For information on Cougar Rock Campground go to: <https://www.recreation.gov/camping/cougar-rock-campground>.

Questions? Contact Fellowship Coordinator Sherry Grindeland, [sherry@SALChome.org](mailto:sherry@SALChome.org) or 425-747-2529.

## NEXT SUNDAY ~ AUGUST 19

## WORSHIP

**WE WELCOME PASTOR PAUL HOFFMAN**

as our Presiding Minister next Sunday, **August 19**, and on Sunday, **August 26**. Pastor Hoffman was Pastor of Phinney Ridge Lutheran Church in Seattle from 1996 through May 2013. He is a nationally-recognized author, preacher, and leader. His books include *Faith Forming Faith*, *Faith Shaping Ministry*, and *Stations of the Cross*.

**SUMMER WORSHIP SCHEDULE:** Our summer worship schedule -- **one worship service at 9:30 am**, followed by a time of fellowship hosted by committees and groups -- continues through **September 2**.

**HEALING PRAYERS** are offered during the distribution of Holy Communion on the third Sunday of each month. Trained healing ministers will receive your requests before or after receiving the Eucharist. It can be especially meaningful to have a laying on of hands and an anointing of oil, if desired. It is appropriate to bring ANY request or concern that you may have for yourself or someone else. These may be prayers for emotional, spiritual, or physical healing. It can be a peace that brings wholeness, according to God's will, in a number of ways. If you are unable to walk to the kneelers, please ask an usher to assist or move to the bottom of the stairs on the East side of the sanctuary (near the pulpit) and the Healing Minister will come to you.

**For Sunday, August 19: Thirteenth Sunday after Pentecost**

Proverbs 9:1-6; Psalm 34:9-14; Ephesians 5:15-20; John 6:51-58

**Servers for August 19**

*Presiding Minister:* Pastor Paul Hoffman

*Assisting Minister:* Sharon Gurtel

*Communion Assistant:* Livi Myhre

*Acolyte:* Sam Wilkes

*Altar Guild:* JoAn Eklof, Karin Eklof

*Greeters:* Beverley Watt

*Lector:* Marli Edde

*Ushers:* The Feldman Family

*Coffee Hosts:*

W.E.B.S. (Women's Evening Book Study)

## COMING UP

### FELLOWSHIP

**MISSION TRIP SUNDAY:** Plan to be at church on Sunday, **August 26** - Mission Trip Sunday - as the team shares their experiences.

**CHOIR REHEARSALS BEGIN:** Rehearsals for the Handbell Choir and Chancel Choir begin in September. New ringers and singers welcome!

- The **Handbell Choir** rehearses on **Tuesdays** at 7:00 pm beginning September 4. Contact Director Bryant Wilkie for information.
- The **Chancel Choir** rehearses on **Thursdays** at 7:00 pm, beginning September 6. Contact Director Dr. Will Simpson, will@SALChome.org or 425-746-2529, for information.

**RETURN TO FALL SCHEDULE:** On Sunday, **September 9**, we return to our "regular" schedule of two worship services, at 8:30 am and 11:00 am, with Discipleship Hour at 9:45 am.

**YOUNG ADULTS** (those who have graduated high school and older): Young adults of Saint Andrew's get together for dinner on the 2nd Wednesday of the month at 6:30 pm. Our next dinner is Wednesday, **September 12**. Contact Carolyn McKenna by Monday, **September 10**, if you would like to join us.

**ALL CHURCH WORK DAY:** The annual All Church Work Day is Saturday, **September 15**, 9:00 am until 12:00 noon. The Work Day is a wonderful fellowship opportunity to get to know church members in a new way. There are lots of cleaning, landscaping and light maintenance tasks to accommodate all skill levels and interests. And there are doughnuts!

**MAYORS' DAY OF CONCERN FOR THE HUNGRY:** The Mayors' Day of Concern for the Hungry -- Saturday, **September 15** -- is the most important and largest food drive of the year for many of the organizations fighting hunger. Saint Andrew's is putting together teams of volunteers to be at Totem Lake QFC from 10:00 am to 4:00 pm to collect nonperishable food items from shoppers. This consists of handing out a "shopping list" flyer and thanking people for their donations, which will go to the Hopelink Food Bank. All ages can participate and it is a wonderful family activity! Sign up in the Narthex beginning **August 19** or contact Debbie Szabo.

**WE'LL MAKE ROOM IN OUR PEWS FOR YOU!** We will be welcoming new members on Sunday, **September 30**. To join Saint Andrew's Lutheran Church, please contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or sherry@SALChome.org.

## ONGOING OPPORTUNITIES

**DISASTER RELIEF:** Many wildfires are burning throughout the United States. Donations to Lutheran Disaster Response designated for "U.S. Wildfires" will be used to help those affected by fires, providing immediate and long-lasting support. Contributions can go directly to ELCA Disaster Response (information is at <https://community.elca.org/uswildfires>) OR to Saint Andrew's (please note "Wildfire" on the donation). Please pray for all who have been affected by the wildfires, for all who are fighting the fires, and for those caring for affected communities.

**LATTES FOR THE LORD:** Donations throughout the summer will help Hopelink ensure that kids on summer break have enough to eat when meals at school are not available. Thank you for your donations; so far we have given enough to provide food for **1578 healthy meals**. See the next page for details.

**CORNER OF BLESSING/HOPELINK:** Each month, we collect food in the Corner of Blessing. All donations are given to Hopelink and help feed those in our community. As part of Hopelink's End Summer Hunger program, they include some healthy snacks with the food they provide to the households with kids. In **August**, we are collecting **individual size beverages** (16 ounce or smaller) – **juice, soda, seltzer water**, etc. (Please no drinking water; they get plenty of that.) We are taking the food from the Corner of Blessing to Hopelink throughout the month so that they can use the snacks to help end summer hunger. For more information, contact Debbie Szabo.

**DORCAS CIRCLE NEEDS SHEETS:** Dorcas Circle uses sheets to back quilts that we create for Lutheran World Relief. We particularly appreciate colored sheets and sheets with patterns. New sheets and used sheets in good condition may be placed in the Dorcas collection basket in the Narthex. All sizes are welcome. Please contact Linda Willenberg if you have any questions.

### **EASTSIDE BABY CORNER (EBC) -**

**OPPORTUNITIES TO HELP:** People have requested more information on how to help this organization that supplies diapers, clothing, baby furniture and other things to needy and underserved families and where to donate things. New and gently used items can be donated at several EBC sites on the Eastside. Check the EBC website, [www.babycorner.org](http://www.babycorner.org), for specific locations and hours. Volunteers are needed for a variety of things. For more information go to [www.babycorner.org](http://www.babycorner.org).

**THE SOPHIA WAY:** The Sophia Way helps homeless women journey toward independence and a home of their own.

- Volunteers are needed at the Day Center (on the lower level of St. Luke's Lutheran Church, 3032 Bellevue Way NE, Bellevue) to sort donated items they receive, and to help ensure the women there have the clothing they need. To volunteer or for more information, contact their volunteer coordinator Tara, 425-463-6285.
- The Sophia Way welcomes donations of clothing, personal items, food, and other essentials. A current list of needed items can be found at [www.sophiaway.org/immediate-needs/](http://www.sophiaway.org/immediate-needs/). Drop off your donations at Sophia's Place (on the lower level of St. Luke's Lutheran Church) from 8:00 am - 11:00 am and 12:00 noon - 2:00 pm.
- Meals are also needed; visit [www.sophiaway.org/donate-meals/](http://www.sophiaway.org/donate-meals/) to sign up or for more information.

Contact Joyce Arnold for more information.



# LATTES for the LORD

## End Summer Hunger with Hopelink



hopelink

**End Summer Hunger** is Hopelink's effort to ensure that kids on summer break have enough to eat when meals at school are not available.

### Two Facts:

- Over 15,000 students in Eastside school districts are enrolled in the Free and Reduced-Price Lunch program during the school year.
- A \$5 donation enables Hopelink to purchase enough healthy food to provide approximately 2 meals for children in need.

### One Response:

Our **Outreach and Servant Ministries and Stewardship Committees** offer a challenge and opportunity to be a part of the community response:

Most of us have a beverage stop of choice a few times a week. In doing so, we buy our favorite drink, and it may be the average price per trip is close to \$5.

**We challenge you to contribute a like amount to the End Summer Hunger program.**

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**Let's heap the measure of our giving** to be a large movement in support of one of the core Outreach and Servant Values of our congregation.

Thank you for donations that have provided enough food for **1578 meals** so far!

We conclude on **September 9** with a celebration of thanksgiving for the blessing that no student is hungry during the summer months.

Contribute by **cash** or **check** (payable to Saint Andrew's) with "**LATTE**" noted on the contribution.

NEW! You can now contribute via **text message**: text 425-970-9567 with the word "**LATTE**" and the amount to be donated.