

Eighteenth Sunday after Pentecost

G A T H E R I N G

Welcome to Worship at Saint Andrew's!

As we prepare for worship, we invite you to a time of silence and focus.

Please remember to silence all electronic devices.

- C** Congregation
- A** Assisting Minister
- P** Pastor

PRELUDE

*Gud Skal Alting Mage
Jesus, Priceless Treasure*

[from Norwegian
Folk Songs for Organ;
setting, Aaron David Miller]

CALL TO WORSHIP

Lord, Be Glorified
Congregation

ELW Hymn 744

WORDS OF WELCOME

Pastor Weber

HYMN

O Living Bread From Heaven

ELW Hymn 542

CONFESSION AND FORGIVENESS

APOSTOLIC GREETING

A The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C And also with you.

KYRIE

[Steven Janco]

HYMN OF PRAISE

[Edwin LeGrice, Walter Greatorex]

PRAYER OF THE DAY

(congregation is seated)

A TIME FOR LITTLE DISCIPLES

Pastor Weber

W O R D

FIRST LESSON

Jeremiah 11:18-20

L Word of God.

C Word of Life.

PSALM 54

(spoken responsively: A Assisting Minister; C Congregation)

SECOND LESSON

James 3:13--4:3, 7-8a

L Word of God.

C Word of Life.

(congregation stands)

GOSPEL ACCLAMATION

- P** The Good News of Jesus according to Mark.
- C** **Glory to you, O Lord.**

GOSPEL

Mark 9:30-37

- P** The Gospel of the Lord.
- C** **Praise to you, O Christ.**

SERMON *Revisiting Greatness in the Light of Gracefulness* Pastor Weber
Mark 9:30-37

1. Logo Christianity: What’s the Big Deal?
2. The Problem of Greatness: We are worse than we thought.
3. The Pathway of Gracefulness: More than we imagined.
4. The Parable of the Child: Far better than we can ever do.

HYMN OF THE DAY *Spirit of Gentleness* ELW Hymn 396

APOSTLES’ CREED

- A** We confess our faith in the words of the Apostles’ Creed.
- C** **I believe in God, the Father Almighty, Creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

I. PRESENTATION OF BIBLES Pastor Yoos

THE PRAYERS

- A** We are bold to pray:
- C** **Have mercy, O God.**

THE PEACE

- P** The peace of the Lord be with you always.
- C** **And also with you.** *(shared in community)*

OFFERING

- I.** *Canaan Bound* [Peterson/Shive]
Erin Simpson, solo
- II.** *A Celtic Kyrie* [Susan Naus Dengler;
Chancel Choir; Karin Islip, violin Lee Dengler]
(congregation stands)

OFFERTORY VERSE *For the Fruit of All Creation* ELW Hymn 679

OFFERTORY PRAYER**M E A L****GREAT THANKSGIVING****SANCTUS**

ELW page 153

EUCCHARISTIC PRAYER**THE LORD'S PRAYER**

C Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours,
now and forever. Amen.

*(congregation is seated)***LAMB OF GOD**

[Marty Haugen]

COMMUNION DISTRIBUTION**II.***Canaan Bound*

[Peterson/Shive]

Erin Simpson, solo

Great Is Thy Faithfulness

ELW Hymn 733

My Faith Looks Up to Thee

ELW Hymn 759

POST-COMMUNION BLESSING

P May the body and blood of our Lord and Savior Jesus Christ,
strengthen and keep you in God's loving grace, now and forever.

C Amen.

POST-COMMUNION CANTICLE

ELW Hymn 845

*Voices Raised to You***PRAYER****S E N D I N G****BLESSING**

P The Lord bless you and keep you. The Lord make his face shine on
you and be gracious to you. The Lord look upon you with favor and
give you peace, in the name of the Father, and of the  Son, and of
the Holy Spirit. *Numbers 6:24-26*

C Amen.

CLOSING HYMN *Come With Us, O Blessed Jesus*

ELW Hymn 501

sing twice

A Go in peace to love and serve the Lord.

C Thanks be to God.

POSTLUDE*Festive Gloria*

[Aaron David Miller]

PARTICIPANTS

Presiding Minister Pastor Timothy T. Weber
Director of Music Ministries/Organist Dr. Will Simpson
Assisting Ministers (I) Jean Wahlstrom (II) Dick Swaisgood
Communion Assistant Art Gurtel
Acolytes (I) Emily Elien (II) Josie Marti
Altar Guild JoAn Eklof, Karin Eklof
Greeters (I) Deanna and Roger Oeffner (II) Stella Nieman
Lectors (I) Deanna Oeffner (II) Carolyn McKenna
Ushers (I) The Lester Family (II) The Clarke/Ross-Clarke Family
Coffee Hosts Building and Property Committee

WELCOME to WORSHIP

COMMEMORATIONS:

Michael and All Angels

September 29

Michael the archangel, captain of the heavenly hosts, is remembered on this day along with the other angels and archangels. The word "angel" means messenger, and in Judaism, Christianity, and Islam, these beings have a fully spiritual nature and no physical body.

TODAY ~ SEPTEMBER 23

EARLY SUNDAY MORNING DISCIPLESHIP

EARLY SUNDAY MORNING BIBLE STUDY: Sundays, **through November 18**

7:15 am, 322/Conference Room

Facilitators: Jean Wahlstrom and Marvin Kananen

Journey with us through the book of AMOS this fall at the Early Sunday morning Bible Study.

The prophet Amos brought a message of responsibility in an affluent time.

September 23 and September 30**DIGGING INTO MISSION IN BELLEVUE**

Presenter: Pastor James McEachran

301/Fellowship Hall North

- **September 23:** Pastor McEachran will work through the call and mandate of Jesus and the earliest Church in mission through the lens of the New Testament and the witness of the Early Church. Teachings from Scripture and the writings of the earliest Church in spreading the Gospel.
- **September 30:** Pastor McEachran will discuss Mission on the I-90 Corridor. Through his work with the City of Bellevue, Pastor McEachran will share 12 insights into what it will mean for Saint Andrew's through the growth and development of Bellevue. He served on the Human Services Commission for 10 years, was one of 15 who developed the City Council Plan for affordable housing, and was a member of the Wilburton Citizen's Advisory Committee that built the plan for the development of this neighborhood in Bellevue.

September 23 and September 30**STEPPING INTO THE BIBLE (Faith Stepping Stones for Parents of Third and Fourth Graders)**Facilitators: Lois Nelson, Kari Henderson
322/Conference Room

The first session will be a parent-child workshop, led by teachers Sarah Shaw Newsum and Nona Gram, on using the Bibles which will be presented on Sunday, **September 23**, at the 8:30 am worship service. The Bibles are a gift of the Faith Stepping Stones Ministry on behalf of the congregation. The second session includes a brief study of the life of Martin Luther and a discussion of our basic Lutheran beliefs. The third and fourth grade students will be studying Luther's life during this year.

SUNDAY CHURCH SCHOOL (SCS) classes

welcome children age 2 through grade 5. All classes are downstairs in South Hall. The SCS office is located on the lower level near the Narthex stairs. Students who are new to our congregation are asked to come to the SCS office to register and be welcomed to your class.

AFFIRMATION OF BAPTISM/

CONFIRMATION (ABC) classes are geared toward youth in grades 6-8.

Meet in *302/Fellowship Hall South*

- **TODAY, September 23:** "How to Read the Bible," led by Pastor Drew Yoos

Those students new to our congregation are asked to contact Interim Director of Discipleship Ministries Pastor Drew Yoos or Pastor McEachran for more information.

CROSSWALK is focused on high school age youth, grades 9-12. Got questions? Join us each Sunday in 319/Youth Room for coffee, cocoa, donuts, and conversation. On the last Sunday of each month, gather for "Oasis", a time for our high school students to rest, color, and enjoy a movie.

SIGN-UP....

- to provide a dinner meal for men served by Congregations for the Homeless, **October 2-14**. Sign up in the Narthex.
- to attend the Taizé service at Saint James Cathedral in Seattle on **October 5**. Sign up in the Narthex.
- Fire Force youth (grades 6-8), for the Fall Retreat on **October 19-21**. Sign up in the Narthex. Sign up by **October 1**.
- for Dinner with Young Adults on **October 10**. Contact Carolyn McKenna.
- to play in the orchestra during worship on **October 14**. Contact Dr. Will Simpson, will@SALChome.org or 425-746-2529..

THIS WEEK ~ SEPTEMBER 24 - SEPTEMBER 29

MONDAY, SEPTEMBER 24

SOUND SYSTEM INSTALLATION BEGINS: Work to replace the sound system in the Sanctuary and install upgrades to the system in Fellowship Hall begins on Monday and should be complete this week.

TUESDAY, SEPTEMBER 25

TUESDAY MORNING MENEvery Tuesday, 6:30 am, *Room 212*

Facilitator: Dick Swaisgood

We have read through the Gospel of Mark, and have just begun a study of **Mark** with "Immersion Bible Studies" by Emerson B. Powery. This study series invites prayerful reading, reflection, and engagement with Scripture, including how to put it into practice in our lives. Invite a friend and join us any Tuesday!

TUESDAY MORNING BIBLE STUDY

- **September 25:** We conclude our view into the **Book of Ruth**. It is a unique writing which, unlike many books in the First Testament, engages us in themes of love and marriage, simple faith, and the tilling of the land. In a time of strife, the key is that common people live common lives with meaning and in hope.
September 25 - Boaz and Ruth marry and Ruth chapter 4
Come and share the time as we check into the Davidic Line and the roots of all that we celebrate with a later time birth in Bethlehem.
- **October 2: *How to choose, and why you should choose, a good Bible or Two.*** Pastor McEachran will bring a number of Bibles and suggest some of the best for beginning and in-depth study of the Word of God. Bring your favorite translation and join the workshop of Word-Digging. Oh, and guess which is his favorite translation!
- **October 9:** We'll begin ***Witness to New Life in Christ --- Paul's Letter to the Romans.*** Paul had a new vision for his mission, to travel to Spain in a missionary journey for the Lord. It may have been that his mission support came from the house churches in Rome. The Letter to the Romans was his witness to what new life in Christ really meant. This will be a 10- week study. We will begin with a reading and unfolding of Romans 16.

SATURDAY, SEPTEMBER 29

A GLOBAL MISSION MOMENT WELCOMING PASTOR FAWSI KHALIL:Saturday, **September 29**, 10:00 am

301/Fellowship Hall

Pastor Fawsi Khalil is one of the pastors of Kasr El Dobara Evangelical Church in Egypt.

They worship 10,000 on a weekend and have strong social ministry among Muslims in their downtown Cairo neighborhood. Pastor Fawsi is one of their outreach leaders to Muslims in Syria, Iraq, and Libya. He and his wife, Haidy, have a heart to minister to Yazady women and Syrian refugees. Kasr El Dobara Church is also partnered with True Vine Evangelical Baptist Church in Beirut, Lebanon (<http://truvinelb.org/the-church/>). Pastor Fawsi will be at Saint Andrew's on Saturday, **September 29**, sharing inspiring stories of his work in the refugee camps, their church's outreach to their Muslim neighbors, and surprising growth of the church in the Middle East. Learn more about Kasr El Dobara Church at www.kdec.net/en/

NEXT SUNDAY ~ SEPTEMBER 30

WORSHIP

JOIN THE SAINT ANDREW'S FAMILY: We will be welcoming new members to Saint Andrew's Lutheran Church again on Sunday, **September 30**. If you're interested in becoming a member – with voting privileges – please contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or sherry@SALChome.org.

**Sunday, September 30: Nineteenth Sunday after Pentecost**

Numbers 11:4-16, 24-29; Psalm 19:7-14; James 5:13-20; Mark 9:38-50

Servers for September 30*Presiding Minister:* Pastor Drew Yoos*Assisting Ministers:*

(I) Sue Short (II) Dana Nasby

Communion Assistants:

(I) Judy Gowdy (II) Jan Bowerman

Acolytes:

(I) Abby Kasper (II) Sonja Wetmore

Altar Guild:

Signe Wraith and Elmer Neu

Greeters:

(I) Ben and Tom Anderson

(II) Kendra and David Mills

Lectors:

(I) Deanna Oeffner (II) Carolyn McKenna

Ushers:

(I) The Kasper/McInerney Family

(II) Mark Davis, Quinn Myhre

Coffee Hosts:

Human Resources Committee

EARLY SUNDAY MORNING DISCIPLESHIP

EARLY SUNDAY MORNING BIBLE STUDY: Sundays, **through November 18**

7:15 am, 322/Conference Room

Facilitators: Jean Wahlstrom and Marvin Kananen

Journey with us through the book of AMOS this fall at the Early Sunday morning Bible Study.

The prophet Amos brought a message of responsibility in an affluent time. This ten-week unit will cover the nine-chapter book. Coffee and light refreshments provided.

DISCIPLESHIP HOUR...9:45 AM

September 30**DIGGING INTO MISSION IN BELLEVUE**

Presenter: Pastor James McEachran

301/Fellowship Hall North

Pastor McEachran will discuss Mission on the I-90 Corridor. Through his work with the City of Bellevue, Pastor McEachran will share 12 insights into what it will mean for Saint Andrew's through the growth and development of Bellevue. He served on the Human Services Commission for 10 years, was one of 15 who developed the City Council Plan for affordable housing, and was a member of the Wilburton Citizen's Advisory Committee that built the plan for the development of this neighborhood in Bellevue.

September 30**STEPPING INTO THE BIBLE (Faith Stepping Stones for Parents of Third and Fourth Graders)**

Facilitator: Pastor Drew Yoos

322/Conference Room

The second session includes a brief study of the life of Martin Luther and a discussion of our basic Lutheran beliefs. The third and fourth grade students will be studying Luther's life during this year.

SUNDAY CHURCH SCHOOL (SCS) CLASSES

South Hall

**AFFIRMATION OF BAPTISM/
CONFIRMATION (ABC)**

302/Fellowship Hall South

- **September 30-October 14 and October 28:** "Introduction to Old Testament"

CROSSWALK

319/Youth Room

COMING UP

DISCIPLESHIP HOUR...9:45 AM

OCTOBER 7**VISION INITIATIVE**

Presenter: Vision Initiative Team

301/Fellowship Hall North

Two Visioning Workshops were held in July. There was great participation, a lot of excellent discussions were had, and ideas were shared. An abundance of data and input was collected. Since the workshops, the Vision Team has been very busy correlating the data and working on synthesizing clear, concise statements that captures your concepts. The team continues to meet weekly. On Sunday, **October 7**, during Discipleship Hour, the team will share the results of the first two workshops for your review and feedback. The Vision Initiative Team is Dick Szabo, Jean Wahlstrom, Ann Thorpe, Dana Nasby, and Marvin Kananen.

October 7, October 14**STEPPING INTO THE STORIES (Faith Stepping Stones for Parents of Kindergarteners)**

Facilitators: Lois Nelson, Kari Henderson

322/Conference Room

The first session is for parents only, and focuses on the academic aspect of academic and social requirements of school. Kari Henderson will lead this discussion. Session 2 is for children and parents. We will be making prayer boxes together and talk about praying with the children. Kindergarten students will be blessed and presented with a Story Bible on Sunday, **October 14**, at the 11:00 am worship service.

October 14**IS GOD A FOOTBALL FAN?**

Presenter: Pastor Drew Yoos

301/Fellowship Hall North

Pastor Drew will talk about how the intersections of football and religion, the ethical implications of watching football, and we'll wonder together who God's favorite football teams might be.

October 21**EMERGENCY DRILL**

Facilitators: Building and Property Committee

Our Emergency Operations Plan calls for yearly drills to practice responses to emergency situations. This year, the practiced action will be a police response drill. A police response will sound the "police siren" alarms throughout the building, call 911 for a police response, lockdown the exterior doors, and send text messages to teachers and staff. If you hear the siren alarm in the building, you should take one of these three actions, in preference order: Run, Hide, Fight. There will be an after-church training and discussion seminar about the police response drill on Sunday, **October 7**, at 12:30 pm in 301/Fellowship Hall North.

October 28**TEN THINGS YOU NEED TO KNOW ABOUT REFORMATION**

Presenter: Pastor James McEachran

301/Fellowship Hall North

Spend Reformation Sunday with Pastor McEachran looking back at the Reformation and ahead as we celebrate its 501st anniversary.

FELLOWSHIP

2019 MISSION TRIP INTEREST MEETING: All God Squad youth and parents (including current 8th graders) who are interested in hearing more about the 2019 high school mission trip are invited to meet in the 319/Youth Room after 11:00 worship on Sunday, **September 30**. This informational meeting should last about 30 minutes.

PROVIDE DINNERS FOR CONGREGATIONS

FOR THE HOMELESS: From Tuesday, **October 2**, through Sunday, **October 14**, Saint Andrew's is providing dinners for 35 men served by Congregations for the Homeless. Volunteers are needed to prepare, deliver, and serve the meals at Eastshore Unitarian Church near Factoria. Deliver the meal at 6:30 pm; serving begins at 7:15 pm. Volunteers are welcome to join in the meals with the men. This is a wonderful outreach opportunity for individuals, small groups, families and friends. Sign up in the Narthex.

DORCAS CIRCLE: The Dorcas Circle meets in 302/Fellowship Hall South Tuesday, **October 2**, at 9:30 am. Everyone is always welcome to join as we sew quilts, school bags, and complete other projects in response to those in need.

PLASTER HOUSE FUNDRAISING EVENTS:

The Plaster House, a part of the Arusha Lutheran Medical Centre in Tanzania, is a rehabilitation center for post-surgery children. On Tuesday, **October 2**, two fundraising events for The Plaster House will be held locally.

- A luncheon at the Women's University Club (Seattle) starting at 11:30 am.
- At 6:30 pm, a bites and beverages event will be held at the Barbee Mill Community Beach Club.

Presentations at both events will include a video showing the building expansion and the work of the Plaster House, and presentations from recent visitors. Consider attending one of these events and/or making a donation in support of this life-changing ministry. Visit <https://plasterhouse.rsvpify.com> to RSVP to either event and for more information. Contact Jean Wahlstrom with questions.

W.E.B.S. (Women's Evening Book Study):

Wednesdays, **October 3 - November 14**, 7:00 pm, 322/Conference Room
Our book for this Fall Session is ***Everything Happens for a Reason*** (*and other lies I've loved*) by Kate Bowler. Pastor McEachran recommended this book and he will join us for the first and last meetings of this session, talking about the Prosperity Gospel and sharing his views on the book. *All women are welcome* for in-depth discussion, sharing, laughter, and prayer. Contact Cheryl Jurrus or Marlyn Thorpe for information.

TAIZÉ SERVICE: Join us for a trip to Saint James Cathedral in Seattle for a Taizé Prayer Service on Friday, **October 5**. A Taizé service involves sung and chanted prayers, meditation, a period of silence and liturgical readings. We will meet at Saint Andrew's at 5:00 pm and car pool to Saint James (804 Ninth Avenue) for the 6:30 pm service followed by a no-host dinner at a site to be determined. Sign up in the Narthex or contact Fellowship Coordinator Sherry Grindeland, sherry@salchome.org or 425-746-2529.

APPLES IN THE PARKING LOT: On Sunday, **October 7**, Saint Andrew's members Vince and Doris Visaya will bring a trailer full of tasty, juicy apples to the Saint Andrew's parking lot! You are welcome to take as many apples as you wish (bringing your own bag is helpful) and leave a donation which will go to the Summer 2019 God Squad (high school) Mission Trip.

EMERGENCY TRAINING: Our Emergency Operations Plan calls for yearly drills to practice responses to emergency situations. This year, the practiced action will be a police response drill. There will be an after-church training and discussion seminar about the police response drill on Sunday, **October 7**, at 12:30 pm in 301/Fellowship Hall North.

BLESSING OF THE ANIMALS: In gratefulness for God's creation we will gather on Sunday, **October 7**, at 4:00 pm with our special pets for a service, led by Pastor Yoos, to give God thanks and praise along with prayers and blessings for our animals. Please make sure your pet is leashed or caged and in control. Alternatively, you can bring a photo of your pet. Following the service, the humans will gather for a potluck dinner in 301/Fellowship Hall North.

YOUNG ADULTS (*those who have graduated high school and older*): Young adults of Saint Andrew's get together for dinner on the 2nd Wednesday of the month at 6:30 pm. Our next dinner is **October 10** at Crossroads Mall Food Court. Contact Carolyn McKenna by Monday, **October 8**, if you plan to join us.

WELCOME BABY YOOS: A baby shower for Pastors Sara and Drew Yoos will be held 3:00 pm - 5:00 pm on Saturday, **October 13**, in 301/Fellowship Hall. Families are invited - and all children welcomed. We will celebrate the pending arrival of the baby with conversation, games and refreshments. An envelope will be posted on the Narthex bulletin board for contributions to the congregational gift for the family. Questions? Contact either Joyce Kasper, chair of the Discipleship Ministries Committee or Fellowship Coordinator Sherry Grindeland, 425-746-2529 or sherry@SALChome.org.

FLU SHOT CLINIC: Flu shots will be available at Saint Andrew's on Sunday, **October 14**, from 8:00 am to 11:00 am. The shots will be administered by the Seattle Visiting Nurse Association. A sign-up sheet and additional information will soon be in the Narthex. For more information, contact Parish Nurse Beverley Watt.

ORCHESTRA: The Orchestra will play during both worship services on Sunday, **October 14**. Rehearsal is Saturday, **October 13**, at 10:00 am. To participate or for more information, contact Dr. Will Simpson, will@SALChome.org or 425-746-2529.

VISION INITIATIVE WORKSHOP - VALUES:

We held two Visioning Workshops in July with great discussions and ideas. On **Sunday, October 14**, from **12:30 pm to 3:00 pm**, we will have a third workshop. This workshop will be on our **values** – why we do what we do. A light lunch and child care will be provided.

**O.W.L.S. (Older Wiser Lutheran Saints):
Quilts Around the World**

Find out what happens to all the beautiful quilts made by talented Dorcas Circle volunteers at the O.W.L.S. meeting on **October 16**. And how about those personal care kits? Linda Willenberg and Stella Nieman will be the guest speakers, and share where these loving offerings go and who they help. The O.W.L.S. meet the third Tuesday of the month at **11:45 am** in 301/Fellowship Hall North. No reservations or RSVP needed. If able, please pitch-in with a potluck dish for the luncheon. For more information, contact Fellowship Coordinator Sherry Grindeland, sherry@salchome.org or 425-746-2529.

TIMBER RIDGE WORSHIP GATHERING:

Several members of Saint Andrew's and Our Savior Lutheran Church in Issaquah live at Timber Ridge in Issaquah. Pastor McEachran and Pastor Wes Telyea from Our Savior lead worship gatherings at Timber Ridge on the third Wednesday of the month, at **1:00 pm** in Multi-Purpose Room A. Pastor McEachran leads the next worship gathering on **October 17**. All are invited (members and friends of Saint Andrew's - whether you live at Timber Ridge or not!). Inquire at the front desk when you arrive and they will direct you to the room location.

FIRE FORCE FALL RETREAT: Youth in grades 6-8, plan to go on the Fire Force Fall Retreat at Warm Beach Camp in Stanwood Friday-Sunday, **October 19-21**. Our weekend theme will be "*OMG! God and the Internet*" where we will explore all the ways and places that God shows up (and doesn't show up) online. Sign up in the Narthex by **October 1**. Contact Pastor Drew Yoos, drew@SALChome.org or 425-746-2529, for more information.

ONGOING OPPORTUNITIES

CORNER OF BLESSING/HOPELINK: Each month, we collect food in the Corner of Blessing. All donations are given to Hopelink to help feed those in our community. In **September**, we are collecting **butter** for baking (1 pound packages of 4 sticks each).

We are also collecting **egg cartons**. Hopelink gets fresh eggs in bulk and uses the cartons to repackage the eggs for clients. For more information, contact Debbie Szabo.

COMMUNION BREAD: We have no one signed up for the remainder of the year to bake Communion bread. This quite easy and important ministry needs volunteers to give an hour to baking bread which feeds our faith family every Sunday at the altar.

There are two ways to help:

- You can sign up for a specific Sunday to bring bread. The link to the sign-up can be found on the Saint Andrew's website: www.worship.SALChome.org. Scroll down to "Bake Communion Bread".
- The bread freezes well, so you can also bake when it is convenient for you, without signing up for a specific day. The bread can be baked anytime, sealed in zip lock bag with the date baked on the label, and brought to church. Place the bread in container marked "Altar Guild Bread" in the freezer in the Scullery.

Visit www.worship.SALChome.org to find links to the sign-up and to the recipe for Luther Bread. Contact coordinator Jill Nichols-Hicks for more information.

YOUTH REGISTRATION FORMS: We ask that all families complete a Youth Registration Form **each year**. This form gives us the medical information and permissions needed to help keep children safe while participating in all Saint Andrew's activities for 2018-2019. Complete one form per family. It covers all youth from age 2 through Grade 12.

- Paper copies of the form can be found in the Narthex near the church office, in the Sunday Church School office, and in classrooms. Return completed forms to the church office.
- The form is also ONLINE as an interactive PDF form; find it along with information on completing and submitting it, at www.ce.SALChome.org.

**VIDEO RECORDINGS OF 9:45 am
DISCIPLESHIP HOUR CLASSES:**

Video recordings of Sunday adult discipleship classes are available online for approximately four weeks following the class. Links to videos can be found on the Sunday Morning Discipleship webpage: adulted.SALChome.org. The recording for:

- "Transitions in the Ministry Team" from September 16 will be available through October 15.

PERSONAL CARE KITS: Health and Wholeness Ministry Committee is collecting items for Personal Care Kits which will be sent in November. The kits contain basic hygiene items and are sent to areas of the world by Lutheran World Relief where they are needed. Our needs for the fall shipment include the following items:

- toothbrushes
- bath towels - 20"x40" to 52"x37", light weight, dark color
- soap - 4 or 5 ounce bars
- nail clippers - large or small size

Please place items in the basket in the Narthex labeled Health and Wholeness.

PROJECT BIHAR / LUTHERAN WORLD RELIEF

Bihar is a global mission multi-year outreach which engages us in significant outreach in Northeastern India, as part of a sponsored mission through Lutheran World Relief (LWR) and in collaboration with other churches. The goals of this mission are: agricultural improvements, year-round food security for the family, empowering women in the community, and increasing incomes for families. Saint Andrew's has formed a Project Bihar/LWR Working Group that has defined three major components in our mission: **communication, engagement, and giving.**

- See the bookmarks in the hymnals for stories of families in Bihar. You are welcome to take the bookmark with you.
- We welcome donations (please note "Bihar-LWR" on contributions.)
- The Project Bihar/LWR Working Group is actively planning next steps. If you would like to be involved or would like more information, contact Marlyn Thorpe.

Remember in prayer this continuing outreach ministry. Learn more at www.lwr.org/bihar

THE SOPHIA WAY: The Sophia Way helps homeless women journey toward independence and a home of their own.

- Volunteers are needed at the Day Center (on the lower level of St. Luke's Lutheran Church, 3032 Bellevue Way NE, Bellevue) to sort donated items they receive, and to help ensure the women there have the clothing they need. To volunteer or for more information, contact their volunteer coordinator Tara, 425-463-6285.
- The Sophia Way welcomes donations of clothing, personal items, food, and other essentials. A current list of needed items can be found at www.sophiaway.org/immediate-needs/. Drop off your donations at Sophia's Place (on the lower level of St. Luke's Lutheran Church) from 8:00 am - 11:00 am and 12:00 noon - 2:00 pm.
- Meals are also needed; visit www.sophiaway.org/donate-meals/ to sign up or for more information.

Contact Joyce Arnold for more information.